

### Valley Neighbors Join in Leland Avenue Street Fair



In just a few short blocks, a large number of neighbors and friends converged upon a wide selection of food, information and bargain-priced merchandise on Sunday, Sept. 9 as Visitation Valley Business Opportunities and Outreach to Merchants (VVBOOM) presented the second annual Leland Avenue Street Fair. More photos appear on pages 4 and 5.

### Hope Appears on the Horizon at Former Schlage Lock Site

by Fran Martin

There is a strong possibility that the developer, Universal Paragon Corporation, (UPC) will soon settle lawsuit negotiations with Ingersoll Rand, owner of Schlage Lock, and become developer for the site.

Serious development planning with the community would begin soon thereafter and demolition might start as soon as April 2008.

#### How We Got to This Point

The Visitation Valley Planning Alliance (VVPA) has led the efforts to get community planning and development at the Schlage Lock site, as well as the entire Visitation Valley region since its inception in February 1999.

VVPA originally organized in response to the proposal for a Home Depot at Schlage Lock. A large segment of the community and transportation and planning professionals realized that a Home Depot would be a disaster for the Valley in terms of traffic, air pollution and misuse of space that could be better used for housing, grocery store, etc., particularly being adjacent to the future Third Street Light Rail/Caltrain station. Many more jobs could also be generated with a mixed-use development than with a Home Depot.

In 1999, VVPA conducted a door-to-door survey of over 400 residents, which showed that a mixed-use development - open space, neighborhood serving retail, housing and community amenities - was the community's priority. VVPA then asked the prestigious non-profit planning group, Urban Ecology, to help guide a community planning process.

During a series of planning workshops sponsored by Supervisor Maxwell and the Planning Department, the community created a mixed-use concept plan for Schlage Lock, Bayshore Boulevard and Leland Avenue. The workshops were funded by a Transportation for Livable Communities grant from the Metropolitan Transit Commission to VVPA, SPUR (San Francisco Planning and Urban Research) and the Planning Department. Without this TLC planning grant, the recently granted TLC construction grants for Leland Avenue Streetscape Improvements

would not have been possible.

In 2001, after much lobbying, community meetings, outreach and support from numerous organizations throughout the City, the Board of Supervisors passed Interim Zoning Controls limiting the footprint of any large-scale structure at Schlage Lock. At that point, Home Depot decided to explore the Bayshore Goodman Lumber site instead. This was a tremendous victory for our neighborhood and VVPA.

During the same period, VVPA asked the Redevelopment Agency to look into making the Schlage Lock site and its environs, Leland Avenue and Bayshore Boulevard a Redevelopment Survey area. Over the years, given that IR was intransigent, VVPA kept lobbying that the Redevelopment Agency intervene, because of its Power of Eminent Domain, tax increment financing and the ability to insure toxic clean up on the site.

There was no movement until 2005 when it became clear that the owner, Ingersoll Rand (IR), was not going to sell to a developer unless they were guaranteed immunity from future litigation due to on-site toxics.

Finally, the Redevelopment Agency stepped in and for the past year we have been engaged in two parallel processes: Site planning with the S.F. Planning Department, which included a series of community workshops, and creating a Redevelopment Area with the Redevelopment Agency, which is working with the community and a Citizen's Advisory Committee (CAC). The pincer movement of the Redevelopment Agency and UPC's lawsuit over toxic issues finally convinced IR that it is time to move on.

#### Where Things Are Now

At this point IR and UPC have agreed in principle to go forward with transfer of the property to UPC and a third party remediation group has been identified, MACTEC/ELM. However, until an insurance company has agreed to underwrite the remediation plan, the deal cannot be finalized. By approximately Oct. 20, the insurance company, AIG will give its answer. Until that time, we are going for-

ward in the hope that all will go well. Already, at the last Redevelopment CAC meeting on Sept. 11, UPC, IR and a representative from MACTEC/ELM gave presentations about the possible timeline and remediation process.

Essentially, there are three remediation steps that MACTEC/ELM proposes following demolition:

1. Data Gap Investigation - There exists a great amount of data concerning the toxics on site, but there is still the need to fill in the information gaps from areas that are now beneath buildings. There will be borings and pilot studies for the best means of remediation.
2. Prepare a remediation plan.
3. Actual field remediation remedies: which will include the following, depending on the type of contamination:
  - \*Removal of contaminated soil and then backfill.
  - \*Inject substances into ground to breakdown the VOCs (Volatile Organic Compounds) in the groundwater.

The southwest section of the Schlage Lock site has the most groundwater contamination and will take longer to clean up, possibly 30 months, the rest of the site could take about 18 months before construction would be possible.

If UPC takes over the site with the third party firm, MACTEC/ELM, bearing the burden of toxic remediation, our responsibilities will increase tremendously.

MACTEC's background includes brownfield remediation at the following sites: Fort Ord, EnCap Meadowlands, and Atlantic Station among many. You may find more information at the following websites: [www.mactec.com](http://www.mactec.com) and [www.elmllc.com](http://www.elmllc.com).

Meanwhile, there will be community site planning meetings with Redevelopment and the Planning Department and then actual architectural and landscape design, an EIR (Environmental Impact Report) will have to be completed, and decisions about kinds of retail, etc. In other words, we will be entering a complex process unprecedented for our community that will require our perseverance.

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### Public Art Soon Part of McLaren Park

by Betty Parshall

Three established environmental artists met with community members on Saturday, Sept. 8 at the Louis Sutter Clubhouse to discuss plans to develop public art in McLaren Park.

The artists are Mark Brest van Kempen, Gloria Bornstein, and Peter Richards/Susan Schwartzberg, who work as a team. All of them have created a wide range of large-scale artworks for integration into parks and other outdoor urban settings.

Each artist will develop a conceptual design proposal for presentation to an independent panel in November. The proposals will be on display at a neighborhood site, where community members will be able to view them and submit feedback.

At the community meeting, a wide range of possibilities were discussed, ranging from large interactive sculptures to benches and interpretive signs.

The future art work is a joint project of the San Francisco Arts Commission and the San Francisco Public Utilities Commission and is funded in connection with replacement tank project, the La Grande Replacement Water Tank located

above the reservoir on the northern park boundary, popularly known as the Blue Tower.

Some architectural enhancements for the new tank were suggested but not implemented during construction, and funds that might have been used in the building of the tower are now available for the public art project.

The common theme running through the discussion about a variety of possible art installations was the park users' love of the natural areas of the park and appreciation of the wonderful variety of flora and fauna to be enjoyed there.

The people attending the meeting urged that the art work represent these most precious aspects of McLaren Park, and the artists responded by sharing their approach to creating art pieces in which they strive to reflect and enhance the setting where the piece may be displayed.

The proposed designs will be on display in the neighborhood in November. You can get more information about the project by contacting Regina Almaguer at the SF Arts Commission, (415) 252-3215, or emailing [regina.almaguer@sfgov.org](mailto:regina.almaguer@sfgov.org).

### Bay Area Gets Communications Grant

Mayor Gavin Newsom and Oakland Mayor Ron Dellums announced on Sept. 13 that San Francisco, Oakland and other Bay Area jurisdictions have received \$5.7 million from the Community Oriented Policing Services (COPS) grant program to streamline communications between first responders.

This grant, awarded by the federal Department of Justice, will be used to upgrade or replace existing equipment and infrastructure, connecting public safety agencies in the region.

"This grant moves us one step closer to our shared goal of fully equipping our first responders," said Mayor Newsom. "Having just observed the sixth anniversary of 9/11, the imperative to get this done is all the more important."

"Today, the Bay Area's willingness to collaborate was met with Washington's desire to further support this unprecedented inter-operability program," said Mayor Dellums. "I'd like to commend our city and county governments for taking a leadership role and being a model for the rest of the country."

"I am very pleased that the COPS Office has recognized the value of our regional collaboration," said Alameda County Undersheriff Richard Lucia. "This money will be used to continue to build a regional radio system that will be available to all first responders on a daily basis. Not only will this system prove

to be vital during natural and man-made disasters, but the day-to-day use of this system by first responders will greatly enhance our ability to serve the public."

The scarcity of radio frequencies and the use of different or incompatible systems have hindered the ability of public safety agencies to communicate with one another, an issue known as interoperability. The COPS funding will be used towards voice and data interoperability, including microwave communications equipment and standards-based mobile and portable radios.

The San Francisco Police Department and the San Francisco Department of Emergency Management took the lead on the COPS grant application. The funding will benefit the City and County of San Francisco, City of Oakland, and San Mateo, Alameda and Contra Costa counties.

The COPS grant provides part of the funding for the Bay Area Interoperable Communications Initiative, announced by Mayor Newsom and Mayor Dellums on Sept. 11. This initiative includes San Francisco, Oakland and San Jose and the counties of Alameda, Contra Costa, San Mateo, Marin and Santa Clara, along with support from the Bay Area Super Urban Security Initiative (SUASI). It is the nation's largest urban area collaboration on the issue of interoperable communications.

### California Gas Prices on the Rise Again

The sale, modest though it may have been, appears to be over. After watching their gas prices fall for 45 consecutive days, California consumers have seen the downward trend in fuel costs reverse course.

According to a new report on Sept. 11 from AAA of Northern California, the statewide average cost of a gallon of regular unleaded gas was \$2.87.

"We reached the bottom of the current cycle of price adjustments at the end of August," said Sean Comey, spokesperson for AAA of Northern California. "In most communities, it's not a large increase so far, but everywhere you look, the numbers are going up."

Prices look more favorable from the consumer's perspective when you look back further in time. The statewide average price is 6 cents per gallon lower than the average cost at the time of the last AAA fuel price survey on August 14 and 11 cents a gallon less than a year ago.

Rising costs for crude oil, the raw material from which gasoline is made, may be contributing to higher retail fuel prices. Crude oil prices have increased by more than

10 percent in the last month.

Gasoline supply and production do not appear to be a problem. The California Energy Commission reports that the supply of gasoline in the state is good and refinery production is average, compared to typical averages over the last five years.

The most expensive average gas price in the California communities where AAA monitors fuel costs was in Tahoe City, where regular unleaded sold for \$3.10 per gallon. The lowest price among Northern California cities tracked by AAA is in Vallejo, where gas cost an average of \$2.78 per gallon. Throughout Northern California, the average price was \$2.88, a decrease of 8 cents per gallon since the last AAA gas price report. In the Bay Area, the average price was \$3.03, down 12 cents from August. The statewide average record high price of \$3.49 was set on May 9.

"Relative to the some other parts of the country where they continue to have refinery production issues, we're in pretty good shape," said Comey. "Right now there are 21 states with higher average prices than California. You don't see that happen very often."



## Grapevine Mailbox

### Learning at the Street Fair

The second annual Leland Avenue Street Fair provided a wide variety of activities and entertainment for all ages. Most of my day was spent working at the used books table, meeting and greeting folks who were enjoying picking out books at bargain prices. The Visitation Valley History Project earned \$340 more for our neighborhood's library fund, and I had a good time talking about our group's purpose and activities.

The musical entertainment provided a lively atmosphere and kept me energized, too. (And thanks to Marlene Tran who treated me and several others to a bowl of tasty chicken and pasta she had cooked up for booth workers.)

In the afternoon I took a break to check out the rest of the Fair. I enjoyed seeing the variety of information booths and vendors while inhaling the aroma of the barbecues (and enjoyed a delicious meal of barbecued chicken at home in the evening).

But what I want to share here is the booth that touched me most deeply. The CLAER Project located at 1099 Sunnydale has worked for several years in the Valley to empower community residents in responding to violence. A wide variety of community-building activities and services to families who have been impacted by violence are implemented. I picked up a couple of flyers, and here is what especially touched me and what I want to share in this article, quoting from the flyer.

Everlasting Arms (aka "The Sewing Circle") is a program that is a part of the CLAER Project and was started because of the families who were losing their loved ones due to gun violence. Everlasting Arms is a group of seniors from the the Visitation Valley community who wanted to do something for the families who were left behind to mourn the death of their deceased loved ones. They decided to meet every week and sew pillow cases out of articles of clothing that had been worn by the deceased person so that the family members could have a "love pillow" to hug tight when thinking of the loved one."

I for one had not heard of this group before, and learning about it somehow made this enjoyable day an even more positive experience for me. For more information or to join the sewing circle you can contact the CLAER Project at (415) 333-3017. Betty Parshall

### Attitude Is Everything!

John is the kind of guy you love to hate. He is always in a good mood and always has something positive to say. When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!"

He was a natural motivator.

If an employee was having a bad day, John was there telling the employee how to look on the positive side of the situation.

Seeing this style really made me curious, so one day I went up and asked him, "I don't get it!"

You can't be a positive person all of the time. How do you do it?"

He replied, "Each morning I wake up and say to myself, you have two choices today. You can choose to be in a good mood or ... you can choose to be in a bad mood.

I choose to be in a good mood."

Each time something bad happens, I can choose to be a victim or...I can choose to learn from it. I choose to learn from it.

Every time someone comes to me complaining, I can choose to accept their complaining or... I can point out the positive side of life. I choose the positive side of life.

"Yeah, right, it's not that easy," I protested.

"Yes, it is," he said. "Life is all about choices. When you cut away all the junk, every situation is a choice. You choose how you react to situations. You choose how people affect your mood.

You choose to be in a good mood or bad mood. The bottom line: It's your choice how you live your life."

I reflected on what he said. Soon hereafter, I left the Tower Industry to start my own business. We lost touch, but I often thought about him when I made a choice about life instead of reacting to it.

Several years later, I heard that he was involved in a serious accident, falling some 60 feet from a communications tower.

After 18 hours of surgery and weeks of intensive care, he was released from the hospital with rods placed in his back.

I saw him about six months after the accident.

When I asked him how he was, he replied, "If I were any better, I'd be twins...Wanna see my scars?" >

I declined to see his wounds, but I did ask him what had gone through his mind as the accident took place.

"The first thing that went through my mind was the well-being of my soon-to-be born daughter," he replied. "Then, as I lay on the ground, I remembered that I had two choices: I could choose to live or...I could choose to die. I chose to live."

"Weren't you scared? Did you lose consciousness?" I asked.

He continued, "...the paramedics were great.

They kept telling me I was going to be fine. But when they wheeled me into the ER and I saw the expressions on the faces of the doctors and nurses, I got really scared. In their eyes, I read 'he's a dead man'. I knew I needed to take action."

"What did you do?" I asked.

"Well, there was a big burly nurse shouting questions at me," said John. "She asked if I was allergic to anything. 'Yes, I replied.' The doctors and nurses stopped working as they waited for my reply. I took a deep breath and yelled, 'Gravity!'"

Over their laughter, I told them, "I am choosing to live. Operate on me as if I am alive, not dead."

He lived, thanks to the skill of his doctors, but also because of his amazing attitude... I learned from him that every day we have the choice to live fully.

Attitude, after all, is everything.

Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." Matthew 6:34.

After all today is the tomorrow you worried about yesterday.

### Online Awareness

After tossing her books on the sofa, she decided to grab a snack and get on-line. She logged on under her screen name ByAngel213. She checked her buddy list and saw GoTo123 was on. She sent him an instant message:

ByAngel213: Hi. I'm glad you are on! I thought someone was following me home today. It was really weird!

GoTo123: LOL You watch too much TV. Why would someone be following you?

Don't you live in a safe neighbourhood?

ByAngel213: Of course I do. LOL I guess it was my imagination cuz' I didn't see anybody when I looked out.

GoTo123: Unless you gave your name out on-line. You haven't done that have you?

ByAngel213: Of course not. I'm not stupid you know.

GoTo123: Did you have a softball game after school today?

ByAngel213: Yes and we won!!

GoTo123: That's great! Who did you play?

ByAngel213: We played the Hornets. LOL. Their uniforms are so gross! They look like bees. LOL

GoTo123: What is your team called?

ByAngel213: We are the Canton Cats. We have tiger paws on our uniforms. They are really cool.

GoTo123: Did you pitch?

ByAngel213: No I play second base. I got to go. My homework has to be done before my parents get home. I don't want them mad at me. Bye!

GoTo123: Catch you later. Bye  
Meanwhile.....GoTo123 went to the member menu and began to search for her profile. When it came up, he highlighted it and printed it out. He took out a pen and began to write down what he knew about Angel so far: her name, birthday, age and that she lived in North Carolina.

Hobbies included: softball, chorus, skating and going to the mall. Besides this information, he knew she lived in Canton because she had just told him. He knew she stayed by herself until 6:30 p.m. every afternoon until her parents came home from work. He knew she played softball on Thursday afternoons on the school team, and the team was named the Canton Cats. Her favorite number "7" was printed on her jersey. He knew she was in the eighth grade at the Canton Junior High School. She had told him all this in the conversations they had online. He had enough information to find her now.

Shannon didn't tell her parents about the incident on the way home from the ballpark that day. She didn't want them to make a scene and stop her from walking home from the softball games. Parents were always overreacting and hers were the worst. It made her wish she was not an only child. Maybe if she had brothers and sisters, her parents wouldn't be so overprotective.

By Thursday, Shannon had forgotten about the footsteps following her.

Her game was in full swing when suddenly she felt someone staring at her. It was then that the memory came back. She glanced up from her second base position to see a man watching her closely.

He was leaning against the fence behind first base and he smiled when she looked at him. He didn't look scary and she quickly dismissed the sudden fear she had felt.

After the game, he sat on a bleacher while she talked to the coach. She noticed his smile once again as she walked past him. He nodded and she smiled back. He noticed her name on the back of her shirt. He knew he had found her.

Quietly, he walked a safe distance behind her. It was only a few blocks to Shannon's home, and once he saw where she lived he quickly returned to the park to get his car.

Now he had to wait. He decided to get a bite to eat until the time came to go to Shannon's house. He drove to a fast food restaurant and sat there until time to make his move.

Shannon was in her room later that evening when she heard voices in the living room.

'Shannon, come here,' her father called. He sounded upset and she couldn't imagine why. She went into the room to see the man from the ballpark sitting on the sofa.

'Sit down,' her father began, 'this man has just told us a most interesting story about you.'

Shannon sat back. How could he tell her parents anything? She had never seen him before today!

'Do you know who I am, Shannon?' the man asked.

'No,' Shannon answered.

'I am a police officer and your online friend, GoTo123.'

Shannon was stunned. 'That's impossible! GoTo is a kid my age! He's

14. And he lives in Michigan!'

The man smiled. 'I know I told you all that, but it wasn't true. You see, Shannon, there are people online who pretend to be kids; I was one of them. But while others do it to injure kids and hurt them, I belong to a group of parents who do it to protect kids from predators. I came here to find you to teach you how dangerous it is to talk to people on-line. You told me enough about yourself to make it easy for me to find you. You named the school you went to, the name of your ball team and the position you played. The number and name on your jersey just made finding you a breeze.'

Shannon was stunned. 'You mean you don't live in Michigan?'

He laughed. 'No, I live in Raleigh. It made you feel safe to think I was so far away, didn't it?'

She nodded.

'I had a friend whose daughter was like you. Only she wasn't as lucky. The guy found her and murdered her while she was home alone. Kids are taught not to tell anyone when they are alone, yet they do it all the time online. The wrong people trick you into giving out information a little here and there on-line. Before you know it, you have told them enough for them to find you without even realizing you have done it. I hope you've learned a lesson from this and won't do it again. Tell others about this so they will be safe too?'

'It's a promise!'

### Things to Consider

\*A penny saved is a government oversight.

\*The real art of conversation is not only to say the right thing at the right time, but also to leave unsaid the wrong thing at the tempting moment.

\*The older you get, the tougher it is to lose weight, because by then your body and your fat have gotten to be really good friends.

\*The easiest way to find something lost around the house is to buy a replacement.

\*He who hesitates is probably right.

\*Did you ever notice: The Roman Numerals for forty (40) are "XL"....

\*If you think there is good in everybody, you haven't met everybody.

\*If you can smile when things go wrong, you have someone in mind to blame.

\*The sole purpose of a child's middle name is so he can tell when he's really in trouble.

\*There's always a lot to be thankful for if you take time to look for it. For example, I am sitting here thinking how nice it is that wrinkles don't hurt.

\*Did you ever notice: When you put the 2 words "The" and "IRS" together it spells "Theirs".

### World's Easiest Quiz??

1) How long did the Hundred Years' War last?

2) Which country makes Panama hats?

3) From which animal do we get catgut?

4) In which month do Russians celebrate the October Revolution?

5) What is a camel's hair brush made of?

6) The Canary Islands in the Pacific are named after what animal?

7) What was King George VI's first name?

8) What color is a purple finch?

9) Where are Chinese Gooseberries from?

10) What is the color of the black box in a commercial airplane?

You need 4 correct answers to pass.

1) 116 years

2) Ecuador

3) Sheep and Horses

4) November

5) Squirrel fur

6) Dogs

7) Albert

8) Crimson

9) New Zealand

10) Orange, of course.

### The Nicest Thing

One day a teacher asked her students to list the names of the other students in the room on two sheets of paper, leaving a space between each name. Then she told them to think of the nicest thing they could say about each of their classmates and write it down.

It took the remainder of the class period to finish their assignment, and as the students left the room, each one handed in the papers.

That Saturday, the teacher wrote down the name of each student on a separate sheet of paper, and listed what everyone else had said about that individual. On Monday she gave each student his or her list. Before long, the entire class was smiling. "Really?" she heard whispered. "I never knew that I meant anything to anyone!" and, "I didn't know others liked me so much," were most of the comments.

No one ever mentioned those papers in class again. She never knew if they discussed them after class or with their parents, but it didn't matter.

The exercise had accomplished its purpose. The students were happy with themselves and one another. That group of students moved on.

Several years later, one of the students was killed while a soldier at war and his teacher attended the funeral of that special student. She had never seen a serviceman in a military coffin before. He looked so hand some, so mature.

The church was packed with his friends. One by one those who loved him took a last walk by the coffin. The teacher was the last one to bless the coffin.

As she stood there, one of the soldiers who acted as pallbearer came up to her. "Were you Mark's math teacher?" he asked. She nodded: "yes." Then he said: "Mark talked about you a lot."

After the funeral, most of Mark's former classmates went together to a luncheon. Mark's mother and father were there, obviously waiting to speak with his teacher.

"We want to show you something," his father said, taking a wallet out of his pocket "They found this on Mark when he was killed. We thought you might recognize it." Opening the billfold, he carefully removed two worn pieces of notebook paper that had obviously been taped, folded and refolded many times. The teacher knew without looking that the papers were the ones on which she had listed all the good things each of Mark's classmates had said about him.

"Thank you so much for doing that," Mark's mother said. "As you can see, Mark treasured it."

All of Mark's former classmates started to gather around. Charlie smiled rather sheepishly and said, "I still have my list. It's in the top drawer of my desk at home." Chuck's wife said, "Chuck asked me to put his in our wedding album."

"I have mine too," Marilyn said. "It's in my diary."

Then Vicki, another classmate, reached into her pocketbook, took out her wallet and showed her worn and frazzled list to the group. "I carry this with me at all times," Vicki said and without batting an eyelash, she continued: "I think we all saved our lists." That's when the teacher finally sat down and cried. She cried for Mark and for all his friends who would never see him again.

The density of people in society is so thick that we forget that life will end one day. And we don't know when that one day will be. So please, tell the people you love and care for, that they are special and important.

Tell them, before it is too late.

### Grapevine on the Web

Read current and past stories from the Visitation Valley Grapevine at [www.visvalleygrapevine.com](http://www.visvalleygrapevine.com)

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## City Tackles the Climate Challenge by Building Green

by Mayor Gavin Newsom

San Francisco is ramping up its efforts to tackle the climate crisis. We're collecting food scraps and converting them to organic compost, eliminating unnecessary plastic bags and water bottles, exploring tidal power under the Golden Gate Bridge, and communicating the solar energy potential of rooftops to homeowners over the internet. The City continues to lead the way in pursuing carbon reduction strategies that work.

Buildings, in their construction and operation, produce up to 48 percent nation's carbon footprint, so one key carbon reduction strategy is to establish meaningful green building standards for all construction projects in San Francisco. We've already put this in place for municipal buildings, which must meet the LEED Silver standard. LEED is the nationally accepted green building standard administered by the U.S. Green Building Council—it stands for "Leadership in Energy and Environmental Design."

Earlier this year I convened a task force to figure out how to take green building to the private sector. I wanted to make sure that the ideas generated by the Task Force were doable, so I populated it with

members of San Francisco's building ownership, developer, financial, architectural, engineering, and construction communities, and supported it with staff from the City's Environment, Planning, and Building Departments.

The Task Force recently issued its findings, and recommends an aggressive phased approach for large commercial buildings and high-rise residential buildings, with an immediate target of LEED Certified, increasing to Gold by 2012.

Requirements for smaller residential buildings would also be phased in, using the GreenPoint Rated system. Developed by Build It Green, a non-profit organization whose mission is to promote green residential buildings in California, GreenPoint Rated is tailored for single family, multi-family/mixed-use projects, and existing homes, and offers a trusted label supported by third-party verification.

The Task Force also recommends incentives including development bonuses and fee reductions that would be introduced over the next five years. Incentives would only be available for buildings that exceed standards, with the highest incentives for the projects with the highest environmental performance.

The Task Force recommendations create the foundation for new green building legislation that would result in the most comprehensive set of green building requirements and incentives of any major city in the United States. I look forward to working with architects, engineers, green building professionals, and all interested parties to craft mandatory green building standards that will serve the highest interests of San Francisco.

Designing, constructing, and operating buildings that conserve energy and resources, minimize waste, and that are healthier and more comfortable for occupants obviously makes a lot of sense. But it's just one piece of the climate puzzle—albeit an important one—that we need to start addressing now. Businesses, residents, industry, and city government will all need to chip in if we are to meet City's overall carbon emissions reduction targets. San Francisco's building community is now poised to make their contribution to this critical effort.

For more information on the city's greening effort and events, as well as more information on the Task Force report (see Quick Links" section), please visit [SFEnvironment.org](http://SFEnvironment.org) for details.

## Necessary Reforms for the University of California System

Senator Leland Y. Yee, Ph.D.

The UC system has long been a great boon to California, offering affordable and accessible higher education to people throughout the state. While the term "state school" tends to be used in a derogatory fashion throughout the rest of the country, in California it brings to mind schools that attract students from around the world to study at some of the finest institutions of higher education that our country has to offer.

Unfortunately, in recent years this jewel in California's crown has become tarnished. Extravagant executive pay raises have become the norm for the system. Tuition has skyrocketed. Workers wages have stagnated. In the face of these concerns, I have introduced two bills this past legislative session; SB 190, which opens discussions of executive pay to the public, and SCR 52, which gives UC employees a voice in the management of their pension plan.

Over the course of the past year, 113 senior managers within the UC system have received raises, which add up to millions of dollars of public funds handed out with no oversight from California's taxpayers. Every other governmental body in

the State is required to hold open meetings when discussing its finances, and must offer up information as to how their budget is being allocated to the people of California. Strangely, the UC system is currently exempt from this scrutiny, allowing for the allocation of lavish retirement plans and overloaded salary packages.

After years of tuition hikes and stalled negotiations with UC staff on cost of living adjustments, it is ridiculous that those on the top of the UC system get a free ride. It is a slap in the face to the rest of the UC community, to which added transparency can be the only solution. SB 190 currently sits on the Governor's desk, and with his signature, we can make sure that our money is carefully watched instead of allocated in secrecy.

Another example of UC being the exception to standard practices of fiscal responsibility, the UC workers' pension plan is the only public pension plan where workers and retirees do not have a voice regarding management. This would be a good enough reason on its own merit to change how the plan works, even if there wasn't substantial evidence of mismanagement on the part of the Board. Earlier this year,

the Chronicle reported on Hotchkis & Wiley Capital Management's role in managing over \$400 million of the UC's money, while John Hotchkis was a member of the Advisory Board, after having in 2005 given over \$300 million to a firm headed by Hotchkis' daughter.

In another example of a glaring conflict of interest, member David Fisher sat on the board while \$377 million of fund assets were handed over to Capital Guardian Trust Co., of which he was Chairman at the time. This is a shocking misappropriation of public funds, and is even more shocking when one realizes that the retirement plans of thousands are at stake. Thankfully, SCR 52 has been signed into law, and will give workers a voice in their own retirement, and will make sure our money is spent wisely and fairly.

As a UC graduate, I feel a great pride in knowing that our public university system is one of the best in the country. That is why it is so vitally important that we make sure that its inner workings are open for the public to see. Only if they are accountable to the people, can we be sure that our tax dollars are well spent.

Senator Leland Y. Yee, Ph.D. is Assistant President pro Tempore of the California State Senate

## Improving Health Access and Long-Term Care for Women

by Assemblywoman Fiona Ma

As a member of the Women's Legislative Caucus and Chair of the caucus' legislative committee, women's healthcare is a very important issue to me. This past session, we made important strides with legislation allowing Californians to take paid leave in order to care for sick family members and improving health access for women. I hope that in the next session, we can pursue and even more aggressive agenda and work on issues related to women and long-term care.

On October 11 from 7-9 p.m., at the Hiram Johnson State Building Auditorium, 455 Golden Gate Ave, San Francisco, there will be a presentation about Women and Long-Term Care sponsored by UCSF National Center of Excellence in Women's Health. Speakers for the event include: Wendy Boglioli, Olympic Gold Medal Champion and Long-Term Care National Spokesperson for Genworth Financial, Brenda Bufford from the Office of Long-Term Care, and Jackie Speier, former State Senator.

Brenda Bufford, the Deputy Project Director for the Office of Long-Term Care for the State of California, will be speaking about California Partnership for Long-Term Care and how

long-term care costs will affect you and your loved ones. This partnership is an innovative State program in cooperation with a select number of private insurance companies.

The Partnership's mission is to provide affordable, quality long-term care insurance protection, so you will not be forced to spend everything you have worked for on long-term care. Additionally, the Partnership seeks to protect you from spending down your assets, should you use up your private long-term care benefits and need to apply for Medi-Cal assistance. Finally, the Partnership seeks to protect your assets from Medi-Cal estate recovery.

Long-term care is about living and ensuring that the person in care and their family are as comfortable as possible. Because women tend to be the driving force in a family decision's on care, women play a vital role in how they provide and ultimately, receive long-term care.

The event is free. For more information, please call UCSF Women's Health Resource Center at (415) 353-2668, or email [whrc@ucsfmedctr.org](mailto:whrc@ucsfmedctr.org). Snacks and light refreshments will be served.

I am also happy to announce that the end of the legislative session brought a number of key victories.

My important children's health legislation, Assembly Bill 1108, squeezed out of the Senate with bipartisan support and is now awaiting action from the Governor. The bill will ban the use of toxic chemicals known as phthalates in the toys intended for children under the age of 3. 14 other countries and the European Union have already banned the chemical. Thus, California and the rest of the country have become the dumping ground for toys that are banned in much of the industrialized world.

Another piece of legislation that passed on the last few days of legislative session was Assembly Bill 101. I authored the bill at the request of Mayor Gavin Newsom, who worked with me to secure its passage through the legislative process. The bill will allow cameras to be placed on San Francisco buses in order to issue citations for people who park in Muni bus lanes. My hope is that this bill will save the city resources, deter drivers from parking in these lanes, and speed up Muni's performance.

Both AB 1108 and AB 101 are on the Governor's desk awaiting either a signature or veto. The Governor has until October 12 to take action and I am hopeful that he will sign both of these important pieces of legislation.

## Joe Leland around the neighborhood

**\*What's the Future of the Schlage Lock Site?:** The Ingersoll Rand (IR) Corporation owns the brand name "Schlage Lock" and also the majority of the site we know as Schlage Lock. A second owner, Universal Paragon Corporation (UPC), also owns a portion of this site. The site has soil and groundwater contamination as a result of years of lock manufacturing. As the parent of Schlage Lock, IR is responsible for this contamination even though most it happened years before they purchased the Schlage Lock brand. UPC has pursued legal action against IR to force them to clean up the site because contaminants have migrated onto their portion of the site. After several years of legal proceedings, both parties are near an agreement that would bring in a third party insurance/liability company to ensure that the site is cleaned up and that all parties are protected in perpetuity. When this agreement is finalized, UPC will become the sole owner of the site.

In order to get the site ready for the long promised mixed use development concept (housing and retail) all the buildings, except of the original office building will be demolished. This will also facilitate rapid and complete clean up of the contamination. If all goes as planned, demolition could start as soon as late 2008!

Stay informed! Don't miss the opportunity to help direct the future development of your neighborhood. Meetings are generally held on the second Tuesday of each month. Contact Tom Evans of the SF Redevelopment Agency and ask to be added to the monthly mailing/email notification list. (415) 749-2539 or email: [tom.evans@sfgov.org](mailto:tom.evans@sfgov.org)

What is sustainable development anyway? Sustainable development is defined as balancing the fulfillment of human needs with the protection of the natural environment so that these needs can be met not only in the present, but in the indefinite future. (Wikipedia.com)

Sounds simple. Lets try to apply it to new development in Visitacion Valley.

**\*October Library Meeting:** The San Francisco Branch Library Improvement Program has scheduled another meeting to discuss the status and design plans for the much needed and long delayed new library for our neighborhood. The meeting will be held Thursday October 25th, 7 p.m. at the Rec and Park Club house at the corner of Leland Avenue and Cora Street. Don't be late! p.s BIGGER+GREENER = BETTER. Let function dictate form.

**\*The "new" Candlestick Cove:** Quietly, new development is underway on the east side of the 101 freeway. Signature Properties has started framing new buildings that will soon become Visitacion Valley's next great enclave. Situated at the site of former WWII housing, development along the southern base of Bayview Hill has been discussed for numerous years. At complete build out, the site will be home to just under 500 units. Visit [http://sigprop.com/nbds/candlestick\\_cove/](http://sigprop.com/nbds/candlestick_cove/) for more information.

**\*Vis Valley Greatest Walking Tour:** How well do you know Visitacion Valley? Find out by joining Cynthia Cox (co author of the Images of America: Visitacion Valley book) on her twice-yearly tour of Vis Valley and Little Hollywood. Part I: Saturday October 27 at 10 a.m.. This tour's focus is on the valley's commerce and transportation — past, present, and future — with a foray into the Spanish-style Little Hollywood enclave west of Bayshore and a stop at Silvestri's statuary showroom. Part II: Saturday October 27 at 2 p.m. This tour concentrates on the valley's community life — all reflecting the rich history and emerging promise of the 'Valley of the Windmills. Both tours start in front 45 Leland Ave. (the Library).

## Eighth Annual Boo at the San Francisco Zoo

Kid-wizards, friendly ghosts and goblins, princesses and superheroes are invited to the San Francisco Zoo for a "spooktacular" time at the eighth annual Halloween Celebration, *Boo at the Zoo* on Saturday, Oct. 27 from 10 a.m. to 3 p.m.

Costumed kids and their families can get an early start to their trick-or-treating at several candy stations throughout the Zoo and venture into the Haunted Nature Trail where they can get up close and

personal with a number of animals, such as snakes and owls. Experience thrills and chills during a Creep Crawley Critter presentation at the Insect Zoo.

Boo at the Zoo also features live entertainment, interactive booths, inflatable games and prizes. The daytime event takes place rain or shine and is free with paid Zoo admission. The Zoo requests that trick-or-treaters not wear rubber masks as they may frighten the animals.

## Visitacion Valley Child Care Food Program

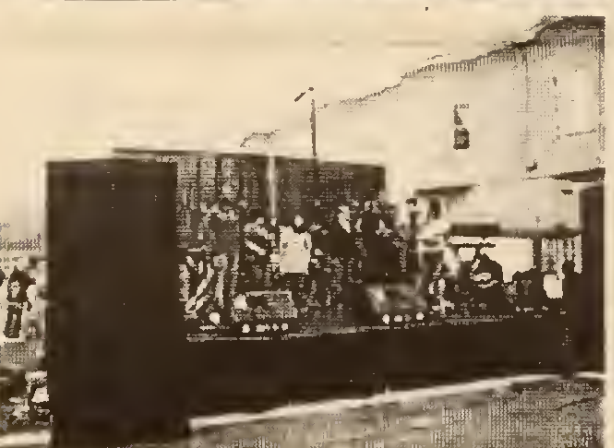
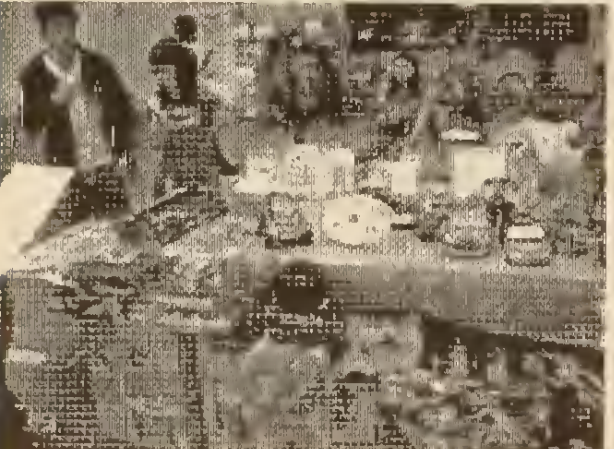
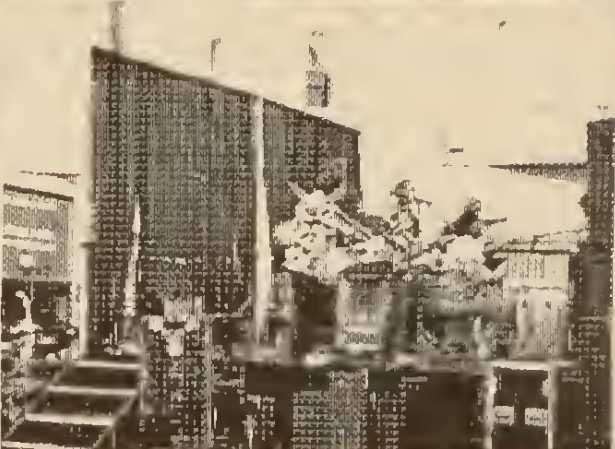
Visitacion Valley Community Center announces sponsorship of the Child and Adult Care Food Program (CACFP). Meals will be available at no separate charge to children enrolled at all Visitacion Valley Community Center's Children's Programs centers. "The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, or political beliefs. Persons with disabilities who require alternate means of communication for program information (Braille, large print, audio tape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (Voice and TDD)."

"To file a discrimination complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (Voice and TDD). USDA is an equal opportunity provider and employer."

For information regarding enrollment, contact: Visitacion Valley Community Center, 50 Raymond Avenue, San Francisco, CA. 94134; (415) 467-6400.



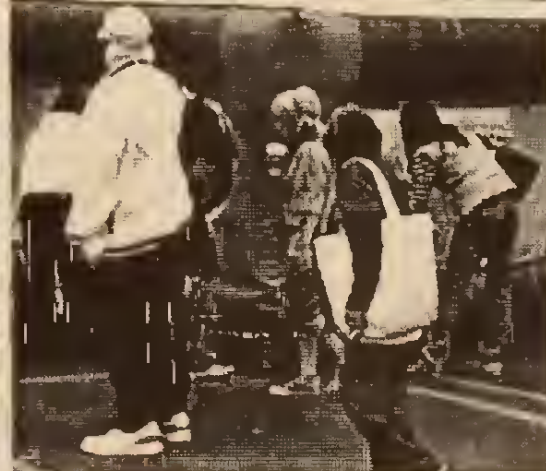
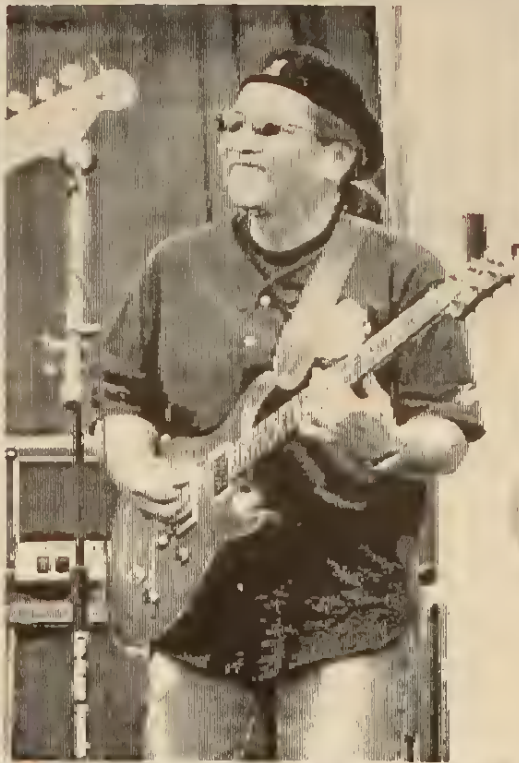
# Were You at the Second Annual Leland Avenue Street Fair?



## Everyone Who Attended Had a Wonderful Time!



# Another Success for VVBOOM!



Photos: Len Applano, Julie Kavanagh, Grezia Teno

## Hope on Horizon At Schlage Lock

From Page 1

### Definitions: Taken from the book, *Environmental Science*

**"Remediation** - Organized methods applied in response to an excessive release of a hazardous substance that eliminates or adequately reduces the risk of damage to human health or the environment.

**Volatile Organic Compounds or VOCs** - A category of organic compounds with relatively high vapor pressure, a major category of air contaminants...

**Brownfield** - Abandoned or idle industrial site, usually in major cities...that cannot be used for development because of real or potential liability risks resulting from environmental contamination in the past, when regulations were less stringent."

### How To Get Involved: VVPA

Since its inception, VVPA has held monthly educational meetings with various speakers from planning professions, city departments and developers to provide a venue for the community to voice opinions about the numerous planning issues that we face.

VVPA has been in the forefront of planning issues in the Valley, began Leland Avenue and Bayshore streetscape improvements and first identified the need to preserve the old Schlage Office Building on Blanken/Bayshore as a community resource. At some point, it is critical that the community, as a whole, decide the use for the Schlage Lock Office Building that will benefit the greater community.

### Other Accomplishments:

\*Streetscape design/landscaping improvements at Bayshore/Arleta/San Bruno intersection - worked with DPW

\*Design/landscaping for the min-plaza at Blanken/Bayshore Intersection - worked with DPW/BOA

\*Streetscape improvements on Leland Avenue - clean-ups, planter boxes, laid groundwork for recently funded Streetscape

VISITACION VALLEY, GRAPEVINE - OCTOBER 2007 - 5

### Improvements

\*Lobbied Library to find space to build new branch library and promoted better design

\*Instigated Developers Fee Ordinance to help finance new library construction and Leland Avenue Streetscape Improvements, as well as other much needed infrastructure in the Valley

\*Through participation on the Transportation Authority (TA) and Prop K Citizens Advisory Committees lobbied regional MTC and TA for funding for Leland Ave. Streetscape Improvements and for overall Prop K funding for transportation/land use planning and infrastructure to be set aside for Vis Valley (1/2% sales tax for transportation - for a total of 15 million dollars)

\*Work with developers to create well designed "green" developments with attractive landscaping and community amenities

\*Established working relationships with nearby jurisdictions of Brisbane and Daly City. Promoted regional planning.

\*Raised Vis Valley's profile with city agencies, other organizations and neighborhoods.

The Schlage Lock planning process may soon become accelerated and real. We will have to be vigilant to insure that we get the best possible development to make our community beautiful, green, whole and healthy. It is critical that we work with the developer to insure neighbors' health and safety during the remediation process. We will keep you posted.

VVPA meets on the second Saturday of each month, 10 a.m. to 12 noon, at the Visitacion Valley Community Center, 66 Raymond Ave., unless otherwise notified. For further information, please call 468-0639.

The Redevelopment Agency's Citizens' Advisory Committee for Schlage Lock meets the second Tuesday of each month. The meeting place has been changing often, so call the number above.

Fran Martin is Chairperson of the Visitacion Valley Planning Alliance

## City Parks Come Alive with Outdoor Art

Art in the park just got a lot more interesting thanks to COCA Center for Outdoor Contemporary Art and the support of the Neighborhood Parks Council of San Francisco.

On three days, Oct. 19-21, ten of the City's favorite parks will be transformed by contemporary art in the first installation of Open Skies: Celebrating the Frontier Spirit of Today's Artists.

The citywide exhibition features the site-specific work of 15 artists designed to celebrate the spirit of wonder, renewal and creative social action through community partnerships.

Through free exhibits, discovery tours, workshops and educational materials, Open Skies offers an opportunity to enjoy a rich synthesis of inspiring artistic visions, dynamic educational programming and constructive civic engagement.

Open Skies will be at Alamo Square, Brooks Park, Esprit Park, Fillmore/Turk Muni Park, Gilman Playground, Golden Gate Park (various locations), Lafayette Park, Mission Dolores Park, Panhandle, Washington Square and McLaren Park which will feature McLaren-ology by Ellen Babcock with California College of the Arts students.

The event is free, open to the public from 12 noon to 5 p.m. each day, and all ages are welcome.

"Open Skies offers an entirely new way to experience neighborhood parks by cultivating new forms of learning about nature systems, art-making and park stewardship," said Elliot Lessing, executive director and chief visionary of COCA. "The unique, interactive exhibition

invites families and individuals to grow their ideas regarding harmony, community-building and creative social action."

COCA is a non-profit arts organization that brings together contemporary artists, community members, neighborhood groups, business leaders and city officials to produce cutting-edge works of contemporary art designed for outdoor public spaces.

Working in partnership with Neighborhood Parks Council, and with support from the Mayor's Office and SF Recreation & Park Department, plus a host of distinctive artists from across the US, Lessing has brought his dream of Open Skies alive in the past year. The objective is to deliver extraordinary site-specific art projects of all media for families, residents and city visitors to enjoy.

"The development of innovative art programs, combined with creative and proactive civic engagement, represents an exciting movement in our city," said Mayor Gavin Newsom.

Participating artists are encouraged to work closely with neighborhood groups or public space advocates to present temporary art projects that are environmentally safe and holistically sound. All artists will host their original creation and offer personal insight to their chosen sites or project genesis, from 12 noon to 5 p.m. for all three days.

Many artists will also offer Open Skies Workshops to provide families and individuals with hands-on experience into the art-making process. For more information, call (415) 431-9870 x33222, or visit [www.cocanow.org](http://www.cocanow.org).

## Remember to Tell Your Friends!



## Safety Tips for Kids, Parents and Drivers

Whether or not you have school-age children, and no matter how old they are, back-to-school season is a time to be extra careful on the roads, according to AAA of Northern California.

"The start of the school season means more children walking and teens driving each morning and afternoon," said Sean Comey, spokesperson for AAA of Northern California. "Whether you're a student, a parent or just driving near a school, this is a good time to take a moment to review some important safety information. A modest amount of precaution can prevent a tragedy."

### Tips for drivers:

\*Slow down in or near school and residential areas. Stop at all intersections.

\*Drive with headlights on- even during the day- so children and other drivers can see you.

\*Watch out for safety patrollers, crossing guards, bicycles and playgrounds.

\*Scan between parked cars and other objects for signs that children could dart into the road.

\*Practice extra caution in adverse weather conditions.

\*Pay particular attention near schools during the morning and afternoon hours.

\*Always stop for school buses that are loading and unloading students.

### Tips for parents of children taking the bus:

\*Always wait for your child on the same side of the street as the school or bus loading/unloading zone.

\*Avoid driving to the bus stop, as this adds to the confusion and increases traffic hazards for all children. "Stress the need to cooperate with the bus driver and school safety patrol."

### Safety tips for parents of teen drivers:

\*Set very clear driving rules with teens. Consider drawing up a parent-teen driver agreement clearly spelling out curfews, standards of driving behavior, prohibited activities and their resulting punishments. Have the teen driver read and sign it.

\*Enforce passenger restrictions. State law prohibits new teen drivers from carrying passengers for the first year they have a license. Parents should limit the number of passengers for as long as they determine necessary after the first year. Crash rates increase drastically for 16- and 17-year-old drivers as young passengers are added to a car.

\*Do not permit your teen to ride with a new teen driver. Carpooling with a schoolmate seems like a sensible way for teens to ride to school, home and activities, but it can promote risky behavior. Research shows that it is more dangerous for several teens to ride in one car than for them to drive individually in multiple vehicles.

\*Ban the cell phone - handheld and hands-free. Teens have trouble managing distractions, especially

while driving.

\*Require your teen to wear a seat belt every time he or she rides in a car. Teens have the lowest belt use rate of any age group.

\*Make your rules known to other adults in your teen's life. A parent-to-parent agreement with the parents of your teen driver's friends or teammates can establish standard rules among a group of teenagers, making it easier for everyone. Letting your neighbors know your teen's driving rules can give you extra sets of eyes when you're not around.

### Walking to school:

\*Take the most direct and safest route. If a shorter route is not safe, explain to your child why the longer way is better.

\*Select the route with the fewest street crossings.

\*Use pedestrian tunnels or overpasses to avoid hazardous traffic.

\*Pick intersections guarded by an adult crossing guard or school safety patroller.

\*Avoid confusing and complicated intersections.

\*When available, always use intersections where children are likely to cross with a group of people.

\*Look for intersections that have a signal with a separate pedestrian interval or Walk/Don't Walk indicator.

\*Stick to routes with sidewalks, pathways and bike paths.

\*Avoid streets where your child's view is blocked to the oncoming traffic.

\*Before the school year starts, walk with your child along the route that you have both chosen. Insist that the child take the same route each day. Repeat this procedure until your child knows the way, understands why this route is best and goes that way as a matter of habit.

\*If you are a working parent and cannot change your schedule for the first few days of school, have a babysitter, neighbor, relative or older brother or sister fill in for you until you are certain that your child is capable of getting to school safely.

\*In areas where there are no sidewalks, walk on the left side of the roadway facing oncoming traffic. If an adult is walking with the child, the adult should walk between the child and the road.

\*Cross only at corners or at a marked crosswalk.

\*Stop and look all ways before crossing. Crosswalks are not always safe areas. Children must be alert.

\*Be especially alert in bad weather.

Visibility is reduced, drivers cannot stop quickly, and cars may skid.

\*Be visible at night. If your child is out after dark, have him carry a flashlight and wear white or brightly-colored clothing. It's also a good idea to use reflective strips on jackets, coats, hats and backpacks.

\*Watch for turning cars at all times, especially with right-turn-on-red laws in effect.

Anyone can access the free videos by going to [www.servicemagic.com](http://www.servicemagic.com) and clicking on the "Working With Contractors 101" video series.

Lupberger, a former remodeling contractor, draws on his years of experience to answer the questions that he says come up during projects of almost any scope.

"I learned that as long as there was communication between the homeowner and myself, most little issues never became big problems," he said. "Knowing what to ask and when to ask it is a vital part of the process."

Rodney Rice, ServiceMagic co-founder and co-CEO, said the videos are one more way that ServiceMagic.com is making home improvement and maintenance easier for homeowners.

"David's insight into home improvement is extremely powerful," Rice said. "The videos are a valuable addition to our website, which has already matched more than six million homeowners to prescreened home service professionals."

## Construction Almost Complete at New Coffman Pool



Viewed from the play structures at Herz Playground, construction continues on a new facility that has replaced the old Coffman Pool building at Vistacion Avenue and Hahn Street. The pool may reopen for business by the end of this year.

## Mayor Joins San Francisco Children to Read for the Record

Mayor Gavin Newsom, Superintendent Carlos Garcia and District Attorney Kamala Harris were joined by hundreds of children on Sept. 20 to read the classic children's book, *The Story of Ferdinand*, in an effort to break the world record for the largest shared reading experience. San Francisco's event occurred on the same day as events in Atlanta, Boston, Chicago, New York, Washington DC, Los Angeles, and other US cities as part of Jumpstart's Read for the Record.

"I'm proud of Jumpstart's efforts to elevate the issues of early education and literacy," said Mayor Newsom. "We need to level the playing field for all children so that we are not leaving anyone behind, and instead moving everyone forward."

Jumpstart's Read for the Record is a citywide celebration of reading with more than 50 reading events taking place throughout the city in public libraries, public schools and Head Start centers. The goal of Jumpstart's Read for the Record campaign is to raise awareness about the early education gap that exists as a result of socio-economic inequality and to raise at least \$1 million for Jumpstart's work with children from low-income communities in the U.S., including nearly 600 youth in San Francisco.

"There is a direct correlation between nurturing children at an early age and their success and development later on in life," said Superintendent Garcia. "Read for the Record is a wonderful campaign

## Saturdays are Special At Randall Museum

The Randall Museum offers drop-in, hands-on art and science workshops every Saturday from 1 to 4 p.m. at 199 Museum Way (off Roosevelt, above the Castro). Workshops are \$3 per child; \$5 for a parent and child combo. All kids under 8 must be with a paying adult. Call 554-9600 for further information.

\*Oct. 6: Add "gemstones" and other fancy stuff to make your own treasure box.

\*Oct. 13: Assemble and decorate your own spinning top with fancy patterns.

\*Oct. 20: Learn how light refraction works and decorate your own spectroscope.

Other regular Saturday activities include:

\*Morning Family Ceramics from 10 to 11:30 a.m. (\$5 per person workshop fee)

\*Meet the Animals from 11:15 a.m. to 12 noon.

\*Animal Feeding at 12 noon.

\*Golden Gate Model Railroad Club Exhibit from 11 a.m. to 4 p.m.

Family Halloween Day

Put on your costume and join in on Ghoulish Games, Creepy Crafts, live entertainment including perennial favorite Jackie Jones and her Dancing Cat, and other delightful Randall Halloween activities during Family Halloween Day on Saturday, Oct. 27 from 10 a.m. to 2 p.m.

Admission is free; small fees apply for food and most activities.

that encourages parents, teachers, and youth to tackle a serious issue in a fun and innovative way"

Jumpstart is a national nonprofit organization that intervenes early in the lives of at risk children through intensive, one-to-one early education mentoring. In doing so, Jumpstart prepares the young students to learn at grade level so they enter kindergarten with the vocabulary, reading, social, and emotional skills necessary to compete

## A Preference for Professional Designation

by Fran Butler

Looking for a smooth home buying process? Look for an escrow officer with a professional designation.

For many, the worst part of the home buying process is the thought of possibly losing the perfect address just days ahead of closing the escrow process. While escrow is part of the inevitable progression of the transaction, careful selection of the right escrow professional can pave the way to a smoother purchase. In fact, buyers can significantly reduce the risk for complication by choosing an escrow officer that holds a professional designation from the California Escrow Association (CEA), such as Certified Escrow Officer (CEO) or Certified Senior Escrow Officer (CSEO).

While all escrow officers must be knowledgeable, efficient and capable of maintaining confidentiality, only those with professional designations have earned the continuing education credits and met the rigorous requirements set forth by CEA, an organization dedicated to maintaining the highest standards in escrow through continuing education and legislative advocacy. These professional designations are vital for success and recognition within the escrow community, and demonstrate to the public and to colleagues the utmost levels of knowledge and education within the industry. In addition to passing multiple exams, certified es-

crow professionals must possess at least two to four years escrow experience in their respective field, with 50 percent within an allied industry; and complete Escrow I, II and III college-level courses or a CEA-sponsored course like the CEA Professional Designation Program.

"Professional designation identifies you to consumers as a qualified escrow practitioner, who has kept current and become certified," explains Lorraine Walker, a Certified Escrow Officer and graduate of the CEA Professional Designation Program. "It becomes valuable to homebuyers because it sets you apart, just as a Certified Public Accountant is set apart from an accountant. It's a tool to gauge education, professionalism and qualification."

"Consumers should choose an escrow officer with professional designation not only for the education and expertise that accompanies the title, but for the peace of mind that comes with a transaction completed without incident."

Founded in 1956, CEA is a statewide organization for professional escrow practitioners with more than 2,000 members, and the only organization throughout California offering a statewide program for professional designation of escrow officers based on comprehensive examination. Professional Designation by CEA is the only form of certification available for escrow professionals in California.

## Renter and Homeowner Assistance For Seniors and Persons with Disabilities

by Anh Le

If you are a renter or homeowner, and are 62 years of age or older or a person with a disability, you can qualify for a rebate check from the California Franchise Tax Board.

You can qualify for a rebate check if:

1. Your household income in 2006 was \$42,770 or less
2. You are a U.S. citizen, or legal resident in the U.S.
3. You paid at least \$50 monthly rent; or
4. You owned or occupied your home or mobile home on December 31, 2006

To apply, you need:

1. Proof of age or disability (birth certificate, passport, permanent resident card, etc.)
2. For a renter, information on landlord (name, address, telephone number)
3. For a homeowner, property tax bill for 2006/2007

4. Federal and state tax records
5. Other income records (such as SSI, SSA, General Assistance, California Assistance Program for Immigrants, etc.)

People are encouraged to submit their applications to the California Franchise Tax Board by October 15, 2007.

In San Francisco, you can contact the following Resource Centers operated by the Network for Elders to get information and assistance in completing the application:

\*Visitation Valley/Excelsior/Portola Resource Center / Network for Elders, 66 Raymond Ave., San Francisco, CA 94134, (415) 330-1789

\*Bayview Hunters Point Resource Center / Network for Elders, 1555 Burke St., Suite A, San Francisco, CA 94124, (415) 401-7200

\*OMI/St. Francis Wood/Miraloma Park Resource Center / Network for Elders, 446 Randolph St., San Francisco, CA 94132, (415) 587-7500

## Questions on Working with Contractors?

"How do I know my contractor is legitimate?" "At what point do I pay my contractor?" "How do I interview potential contractors?"

ServiceMagic.com, the nation's leading website connecting homeowners with prescreened home improvement professionals, now offers the answers to those and many other questions so often asked by consumers.

Through a series of 18 one to three minute free videos, Home Improvement Expert David Lupberger walks homeowners through the process of working with a contractor, answering questions that come up during each step of a remodeling or construction job.

"From selecting and hiring a contractor to when work will begin to who's going to do the cleanup — homeowners have so many questions," Lupberger said. "This series of videos will give them more insight into what they should expect — and demand — from their contractor at each phase of the project."



## Visitation Valley Children's Programs Family News

### Healthy San Francisco

Healthy San Francisco is a new program created by the City of San Francisco that makes health care services affordable for uninsured residents. The program offers a new way for San Francisco residents who do not have health insurance, to have basic and ongoing medical care. It is available to all San Francisco residents regardless of immigration status, employment status, or pre-existing medical conditions.

Healthy San Francisco is not insurance. If you have insurance, do not drop it. Insurance is always a better choice because Healthy San Francisco has limited services and places you can go to get medical care. The program does not include vision or dental care, and services are confined to San Francisco only.

If you receive medical care outside of San Francisco for any reason, Healthy San Francisco will not pay for it. Although Healthy San Francisco does not include dental services, you can get limited, basic dental services at some clinics run by the San Francisco Department of Public Health.

To qualify you must be: a San Francisco resident at any income level who can provide proof of San Francisco residency; uninsured for at least 90 days; between the ages of 18 and 64; and not eligible for public insurance programs such as Medi-Cal or Healthy Families.

Eligible residents may join Healthy San Francisco regardless of immigration status or pre-existing medical conditions. There is no limit to the number of residents who can enroll. If you qualify, there is room for you in the program. For more information, please call (415) 615-4500, or visit their website at [www.healthysanfrancisco.org](http://www.healthysanfrancisco.org).

### Family Festival

Families with children of all ages can enjoy free first-rate entertainment, play games, and create art projects while finding parent resources from every corner of the City at the Family Festival on Saturday, Oct. 13 from 11 a.m. to 3 p.m. at Yerba Buena Gardens (between

Mission and Folsom at 3rd and 4th streets).

The Family Festival combines hours of entertainment, family-friendly activities, and more than 100 parent resources from city departments, community-based organizations, and cultural institutions that provide services for children and families. Families with children enjoy a day of free fun including carousel rides, a climbing wall, jump houses, lawn games and yoga. Fifteen museums — including the San Francisco Museum of Modern Art and Exploratorium — will help kids create hands-on projects. Four hours of entertainment on two stages will feature a multicultural array of talented San Francisco children and youth. The lineup includes the San Francisco Boys Chorus, the Latin Jazz Youth Ensemble, Wu Yee Lion Dancers, Irish Dancers, and the School of Rock.

### School Enrollment Fair

Learn about the Enrollment Process for 2008-009 School Year and hear about SFUSD programs for kindergarten thru high school at a Public School Enrollment Fair at the Bill Graham Civic Auditorium, 99 Grove St. on Saturday, Oct. 27 from 9 a.m. to 3 p.m.

### Program Update

\*At Visitation Valley Child and Family Development Center located at 103 Tucker Ave., all of the new students are adjusting well to the new environment, especially with the help of the older, returning students. The Panda Bears will be learning about family this month. Each child will bring in a family photo to share in the classroom. Children will all learn about their families, classmates' families and all families everywhere. The Polar Bears will be both working in the garden and learning dramatic arts.

\*At the John King Center, located at 500 Raymond Ave., the Baby Birds will have lots of fun with music and movement while dancing to different kinds of music. The Clever Cats will continue singing nursery rhyme songs, and soon carving pumpkins. They are excited to go on their upcoming annual Halloween parade on Leland Avenue. The Active Alligators will be explore the theme, "Gotta Be Me," while looking at how they are both different and alike.

### Amphitheater Performance in McLaren Park

by Betty Parshall

I attended an evening concert at the Jerry Garcia Amphitheater on Saturday, Sept. 22, where proceeds were to be applied to school supplies for children. The jazz was good, the crowd friendly and relaxed, and security was provided by both volunteers and the S.F. Police Department.

Produced by NextArts, a social enterprise that provides special event production services as a way to support concert series, the presentation included Paula West, Bitches Brew and a dance performance by: Robert Moses' Kin.

It was a real treat to enjoy the music as the sky slowly darkened and a three-quarter moon rose slowly over the tree tops. Children had a great time running around with their glow sticks as the adults relaxed with the music.

History was made that night

### Big Search Engine Helping Small Businesses

Here's good news for small and medium-sized businesses that need to comply with the federal government's rules and regulations. There is now an official link to the U.S. government that gives businesses a powerful search engine for business compliance information across the entire federal government.

The home page provides quick searches of:

\*Most requested information on regulations and programs

\*Compliance guides by business area, industry and audience (for example minority-owned, self-em-

ployed, women-owned)

\*Federal forms by agency, form number or name

\*Frequently asked questions

\*Compliance contacts at federal agencies.

State compliance resources, state by state, are also searchable on [Business.gov](http://Business.gov).

Business.gov is designed for business owners who need to quickly gather information on compliance topics.

The site is a partnership between 22 federal agencies and is managed by the U.S. Small Business Administration.

NAPS

## Tai Chi Dancers Perform at Valley Middle School



An afternoon of spirited performances delighted an audience at the Visitation Valley Middle School auditorium on Sept. 9 as dancers from the Beacon Tai Chi Group danced during the fourth annual Tai Chi Festival.

## San Francisco Airport Terminal Gets 2,800 Solar Panels

Mayor Gavin Newsom on Sept. 20 unveiled the installation of more than 2,800 solar panels on the rooftop of San Francisco International Airport's Terminal 3 as part of a joint SFO/San Francisco Public Utilities Commission (SFPUC) solar energy project.

Joining the Mayor to acknowledge this project in the support of his goal to make San Francisco the "greenest" City in the Nation were SFPUC General Manager Susan Leal and Airport Director John L. Martin. The new project coincides with the award of a major national environmental management award to San Francisco International Airport for its sustainability program and environmental practices.

"This major solar energy project further establishes San Francisco as America's solar energy leader and symbolizes the commitment of the City — and San Francisco International Airport — to leading the way on renewable energy generation and reduction of greenhouse gas emissions," said Mayor Newsom.

The Terminal 3 solar energy system will provide enough electricity for all the daytime lighting needs within the Terminal 3 (with excess power to spare) and is estimated to generate a yearly energy saving of 628,000 kilowatt hours (kwhr), or enough energy to power roughly 300 homes. Approximately 7,200 tons of Carbon Dioxide over a 30 year period will be saved by utilizing this totally "green", non-polluting electrical generating means versus typical generating methods requiring fossil fuels.

The \$5.5 million cost of the project was paid for by the SFPUC's Power Enterprise, which is projected to install over 1.1 megawatts (1,100 kilowatts) this year of solar power to help meet the City of San Francisco's municipal power requirements. The SFPUC is also eligible to receive a \$1.2 million California State rebate upon commissioning of this new photo-voltaic (PV) solar system.

"This joint SFO/SFPUC project is a great example of City departments working together to support the City's 'Clean Energy, Clean Air' policy to move the City towards a cleaner and more efficient energy system based on increased renewable electricity and energy efficiency," said SFPUC General Manager Susan Leal.

The new SFO Terminal 3 solar project comes as Airports Council International-North America (ACI-NA) names San Francisco International Airport as winner of this year's Environmental Management Award for SFO's Environmental Sustainability Program. The award recognized the

Airport's commitment to supporting the City and County of San Francisco's goal of obtaining environmental sustainability and to reduce emissions, save energy, improve water quality, preserve natural resources, and minimize waste at the Airport.

Specifically noted in the award were, "a pilot program with Virgin Atlantic to tow departing aircraft part-way to the runway, 400 Hz power and pre-conditioned air at many gates, conversion of airport shuttles to bio-diesel fuel, installation of solar panels, and a solid waste minimization and recycling program."

## Identifying and Preventing Elder Abuse

by Anh Lê

How much do you know about the "hidden problem" of elder abuse? What are the signs of elder abuse? If you know someone who is experiencing elder abuse, what should you do?

According to the Institute on Aging in San Francisco, for every case of detected or suspected elder abuse that is reported, approximately five other cases are not reported. The Institute on Aging offers information on elder abuse and counseling services for elder abuse victims.

According to the Institute on Aging, elder abuse can take many forms.

Physical abuse includes hitting, pulling hair, various forms of assault, inappropriate physical or chemical restraint, and sexual assault.

Psychological abuse consists of the infliction of mental anguish by threatening, intimidating, or humiliating an older person.

Neglect is the failure to provide basic care or necessities — food, clothing, medicine, and helping devices — to frail or impaired individuals by those who are responsible for doing so.

Financial exploitation consists of stealing money and valuables, the misappropriation of money or property, often committed by persons who are in positions of trust.

Reasons elder abuse might go unreported include:

\*Unfavorable attitude toward older adults (ageism)

\*Disbelief "It's not my business"

\*Lack of knowledge about signs of abuse or proper reporting procedure

\*Reluctance or fear of confronting the offender

\*Fear of jeopardizing relationship with person or person's family

\*Mistreated person requests that abuse not be reported (the victim believes that he or she is somehow at fault; innate distrust of authorities; fear of institutionalization)

"It is extremely gratifying to receive this award from such a prestigious organization," said Airport Director John L. Martin. "And while we are proud of our achievements in this arena, everyone at SFO is committed to 'raising the bar' even further and doing whatever is possible to ensure that SFO is recognized as the 'greenest' international airport in the world."

This is the second solar system at the Airport. In September 2001, a 20kw system was installed upon the Engineering Building. The system has been running ever since with savings of nearly 150,000 kwhr.

Elder abuse can be reported to the Adult Protective Services of San Francisco's Department of Human Services. All calls to report elder abuse are strictly confidential, according to Mary Counihan, Director of Adult Protective Services. She assures callers that any information regarding immigration status will not be disclosed to immigration authorities.

Counihan said that the type of service a victim of elder abuse receives from Adult Protective Services is voluntary, and is arranged between the elder abuse victim and the counselor at Adult Protective Services.

For more information on elder abuse, please contact: Institute on Aging; 3330 Geary Boulevard; San Francisco, CA 94118; (415) 750-4180, Extension 222 (General Information); (415) 750-4180, Extension 220 (Counseling); Website: [www.ioaging.org](http://www.ioaging.org)

To report elder abuse, please call the 24-Hour Confidential Hotline: Adult Protective Services (APS); San Francisco Department of Human Services; (415) 557-5230, Toll Free 1-(800)-814-0009

Information and Assistance for Seniors and Adults with Disabilities is available at the following Resource Centers operated by the Network for Elders:

\*Visitation Valley/Excelsior/Portola Resource Center / Network for Elders (English, Cantonese, Mandarin, Toisanese, Vietnamese), 66 Raymond Ave., San Francisco, CA 94134, (415) 330-1789

\*Bayview Hunters Point Resource Center / Network for Elders (English, Cantonese, Mandarin, Samoan, Tagalog), 1555 Burke Ave., Ste. A, San Francisco, CA 94124, (415) 401-7200

\*OMI/St. Francis Wood/Mirolama Park Resource Center / Network for Elders (English, Cantonese, Mandarin, Spanish), 446 Randolph St., San Francisco, CA 94132, (415) 587-7500

Research information for this article was obtained from the Institute on Aging.



## Visitacion Valley History Project



*What's going in this picture? Can you identify this picture — where, when and why? The answer will appear in next month's Grapevine.*

### History of a History Project

In June of 2003, Judith Williams Sandoval initiated an oral history project in Visitacion Valley. Named "Circle of Elders," the project's aim was to gather oral histories from Valley residents in order to preserve, celebrate and share the common experience of living here. Oral histories and historic photographs were collected. A remarkable video was produced that reflects the common heritage of Valley neighbors. In June 2004, the community was treated to the Circle of Elders event held at the John King Senior Center, where over a hundred people enjoyed the historical picture display and the video presentation.

The interest and enthusiasm generated by this project inspired an interest in continuing the collection historic photos and memorabilia, and especially in gathering more memories of the people who live in Visitacion Valley, and so the Visitacion Valley History Project (VVHP) was formed.

With the wealth of pictures and history that had been collected, the group decided to produce a group for Arcadia Publishing's Images of America series, and San Francisco's Visitacion Valley was issued in late 2005.

Since the objective of VVHP is to make neighborhood history ma-

terial accessible to the community, and space in our library may be the way to accomplish this, we have decided to donate all proceeds from our book sales to the Visitacion Valley Library fund. We also have used book sales at the Leland Avenue sidewalk sales and at the Street Fair.

### Circle of Elders Video

If your organization, church or social group would like to have a showing of the Circle of Elders video and a presentation of Visitacion Valley history, you can call Edie Epps at (415) 467-0236, or Betty Parshall at (415) 467-7423 to arrange a date.

### Donate a Memory

The Visitacion Valley History Project continues to collect historical photos, oral histories and written memories of people who are residents now as well as those who lived here in the past.

Your stories of living in the Valley — when you came here, your experiences as a Valley resident, memorable people and events — are welcome and will be preserved in the Visitacion Valley Neighborhood History Collection.

If you have pictures of your family, home or street, we would like to copy them, too. We'd be very glad to hear from you. Phone: Edie Epps at (415) 467-0236, Betty Parshall at (415) 467-7423, or e-mail: [visvalleyhistory@hotmail.com](mailto:visvalleyhistory@hotmail.com)

### Oral History Excerpts

Clarence Wikse was born in October 1912. At the time his parents settled in Visitacion Valley, there were only three houses and a brewery here. In 1918, the family moved across the bay to live in Alameda for about six months. To make this move, they used Tommy Towns' house raising and moving business. (Towns also had a bog potato field near the Bodison factory.) A four-horse team pulled the wagon loaded with all the furniture, family possessions and the family from Peabody Street to Railroad Avenue and then down to the Ferry Building; horses wagon and people all traveled by ferryboat to Alameda.

When they returned to San Francisco, the Wikses lived for a time at 400 Wilde Avenue. In 1924, they borrowed \$1,700 to build a home on a lot they owned at 112 Peabody Street. Andersen's hardware store at 34 Leland supplied much of the material for the building, but when some very long pipe was needed, Mr. Wikse went to Brown Hardware at 5th and Market streets, bought two lengths of the pipe and then walked home to Visitacion Valley with the pipe across his shoulders since he couldn't take it on the streetcar. —Clarence Wikse Oral History

Anna Stuart Johnson was born in 1914 in Canada. When Anne was nine months old, the family returned to California and rented a home in San Francisco, moved to a place on San Bruno Avenue near the Five Mile House, then bought a lot at 58 Tioga Avenue and built a house. It was a three-room home, later enlarged with help from neighbor Mr. Larson, who had built his own home on Wilde Avenue. The Larson home backed up to the Stuarts' and Violet Larson was Anna's best friend. She could climb over the back fence to visit.

"There were no houses across the street on Tioga at all. I used to down the hill right across the lots to school, to St. James Church because there weren't any houses there. There were a lot of nice people there. There were German and Italian and all different nationalities."

—Anne Stuart Johnson Oral History

The Giovannetti family moved from North Beach to Visitacion Valley in 1924 when Lawrence (known as Larry) was 12 years-old. Teenagers would hang out at the Community Center on Raymond Avenue. Florence Freidman was the director of the Center.

Leland Avenue had a grocery store, meat market, barber shop, drug-store and Johnson's Hardware. The corner of Leland and Bayshore was a bar.

"I think the owner was called Fat Bossie (Fat Barsi). Before Highway 101 was built on the Bay, we would swim and clam dig by the bay. Blanken Avenue ended with a wooden fence. There were cattle and horses beyond the fence.

—Larry Giovannetti Donated Memory

## Active Fourth Quarter San Francisco Job Market Expected

San Francisco area employers expect to hire at a healthy pace during the fourth quarter of 2007, according to the Manpower Employment Outlook Survey.

From October to December, 28 percent of the companies interviewed plan to hire more employees, while 2 percent expect to reduce their payrolls, according to Manpower spokesperson Thomas Baity.

Another 40 percent expect to maintain their current staff levels and 30 percent are not certain of their hiring plans.

"Hiring intentions among area employers are more optimistic than in the third quarter when 20 percent of the companies interviewed intended to add employees, and 5 percent planned to reduce staff levels," said Baity. "Employer confidence about hiring is similar to one year ago. For the fourth quarter of 2006, 29 percent of companies surveyed planned to boost staff levels and 5 percent expected to reduce payrolls."

For the coming quarter, job prospects appear best in Non-Durable Goods Manufacturing, Wholesale/Retail Trade, Finance/Insurance/Real Estate and Education.

Employers in Services voice mixed hiring intentions. Hiring in Construction, Durable Goods Manufacturing and Transportation/Public Utilities is expected to remain unchanged. Employers in

Public Administration are unsure of their staffing plans.

After seasonal adjustments have been applied to the survey results, the Quarter Four 2007 hiring pace in the United States is expected to remain unchanged from the July to September period. However, the hiring pace is expected to be slightly slower than last year at this time. Overall, hiring plans

have been weaker throughout 2007 versus 2006.

Among the 14,000 U.S. employers surveyed, 27 percent foresee an increase in hiring activity, and 9 percent expect a decline in staff levels from October to December. Fifty-eight percent anticipate no change in the hiring pace, while 6 percent are undecided about their hiring plans.

## Responsible Redeployment in Iraq

by Speaker Nancy Pelosi

After more than four years of a war in Iraq that has cost the lives of thousands of brave men and women in uniform, weakened our military, and cost American taxpayers billions of dollars, President Bush continues to offer a failed policy that is a path to 10 more years of war in Iraq. This plan for the continued occupation of Iraq sends the wrong signal to an Iraqi government that has failed to implement the needed reforms for national reconciliation, and it is against the will of the American people, who want to end this war.

The American people long ago lost faith in the President's leadership of the war in Iraq — his rhetoric never matched the reality on the ground. Last month, numerous reports brought to light the realities in Iraq — that the surge had failed and that the Iraqi government has not met critical political benchmarks that are necessary for political and military progress. A report by the independent, non-partisan General Accounting Office showed that Iraq failed to meet all but three of the 18 benchmarks laid out by President Bush himself in January. A report from retired military officers led by retired Marine General James Jones found that Iraq is still far from being able to take over security responsibilities in the country. A new National Intelligence Estimate in August provided more evidence that the Iraqi government has not taken the necessary steps to reach political reconciliation, while

al Qaeda is regaining strength while our focus is on Iraq instead of combating the real threats of terrorism around the world.

Last November, the American people voted for a New Direction in Iraq, but the President chose instead to escalate the war by pursuing a surge strategy that had failed four times before. The President promised the American people that this surge would be a short-term effort to provide space for political reform and national reconciliation in Iraq. But despite overwhelming evidence that neither goal has been achieved, President Bush continues to pursue a failed strategy that will keep our troops in Iraq for at least another 10 years.

It is long past time to change the mission in Iraq so that the numbers of our brave men and women in uniform can be reduced on a much more aggressive timetable that the one outlined by President Bush. Under the President's plan, at least 130,000 Americans will remain in harm's way in Iraq at a cost of hundreds of billions of additional taxpayer dollars.

While President Bush offers a stay-the-course strategy that puts us on a path for 10 years of war in Iraq, Democrats continue to fight for a New Direction and a plan for responsible redeployment so we can begin to address the readiness of a military that is stretched thin and refocus on fighting terrorism around the world. Only then can we make the American people as safe as they should be.



Please Join Us for a Town Hall Meeting  
Fostering a Spirit of Collaboration:

## Taking Care of Business: Getting to Know the System

Presenting Sponsor

Susan G. Komen for the Cure, SF Bay Area

*Our mission is to reduce the Breast Cancer mortality rates  
of African American Women in San Francisco*

**Date/Time:** Thursday, October 4, 2007 from 9am to 1pm  
**Audience:** Health Care Providers, Community Organizations & Faith-Based Leaders  
**Location:** UCSF Laurel Heights Campus  
Chancellor's Conference Room  
3000 California Street, San Francisco  
Limited Parking Available. (Near MUNI lines 1, 2, 3, 4 & 38)  
**RSVP:** Send Name, Organization, and Vegetarian Meal requests to Julia at [SFTownhall@gmail.com](mailto:SFTownhall@gmail.com)

- Conference will focus on accessing No-Cost mammogram and screening services for African American Women in San Francisco
- Featuring Keynote Speaker Barbara Rodgers, CBS 5 News
- Breakfast and lunch provided
- Break-out session for discussions & brainstorming

Sponsored by the San Francisco Commission on the Status of Women, UCSF SFORISAC, the African American Action Network, the Arthur H. Cohnman Medical Center, the Breast and Cervical Cancer Health Collaborative, the SF-4A Area Breast Health Program, the California Pacific Medical Center's African American Breast Health Program, the San Francisco Department of Public Health (SFHP) Health and Environmental Assessment Program, the Women's Cancer Resource Center, the Southern California Cancer Center, Sutter Network SF-UCSF Center of Excellence in Women's Health, Council of Negro Women, American Cancer Society's Lower Detection Program, Every Woman's Choice.



## EarthTalk

### Flushing Cat Litter

Dear EarthTalk: How is it that flushing cat litter down the toilet has negatively affected sea otters? What is the responsible way to dispose of cats' waste? -Margo Boss, San Dimas, CA

According to Dr. Melissa Miller of the California Department of Fish and Game, cat feces can contain *Toxoplasma gondii*, a parasite that gets into feline systems from the eating of infected rodents, birds or other small animals. When cats later expel these parasites in their droppings—sometimes hundreds of millions at a time—each can survive in soil for over a year and also contaminate drinking water.

Most municipal sewage treatment systems are not designed to filter out *Toxoplasma*, and so the parasites also get into storm drains and sewage outflows that carry them out to near-shore ocean waters. Here, researchers have found, sea otters prey on mussels, crabs and other filter feeders that can concentrate *Toxoplasma*. Hundreds of sea otters have been found dead on California beaches in recent years with no obvious external injuries, and Miller and other scientists think that *Toxoplasma* may be the cause.

There are other possible culprits, too, including toxic algae blooms caused by urea, an ingredient in fertilizer, and the plethora of other man-made pollutants that end up in ocean waters. But California's legislature last year nonetheless passed a bill to protect sea otters, in part by requiring that all cat litter sold in the state carry a warning label advising cat owners to not flush cat litter or dispose of it in storm drains.

*Toxoplasma* can also cause health problems for people, especially those with compromised immune systems (such as AIDS patients). While not typically fatal in humans, *Toxoplasmosis*, as the disease is called, can also cause birth defects, blindness and/or brain damage in children born to infected mothers.

The best way to avoid the infection is to use plastic gloves when changing the litter box and to wash hands thoroughly afterwards. It is also advisable to stay away from raw or undercooked meat and uncooked or unwashed vegetables that may have been contaminated by manure (although felines are the parasites' primary host, other warm-blooded animals and birds can also be carriers). *Toxoplasmosis* doesn't normally spread from person to person (with the exception of pregnant women, who can pass it on to their fetuses), but in rare instances it has contaminated blood transfusions and organs donated for transplantation.

So what's a responsible cat owner to do about dumping the contents of their cat's litter box? According to Dr. Patricia Conrad, a veterinarian and parasitologist at the University of California at Davis who has studied *Toxoplasma* contamination in sea otters, cat owners can start by keeping their cats inside, where they are not able to hunt the small animals that can pass *Toxoplasma* along to them in the first place. (Bird lovers have been requesting this for years.)

Those cat owners unwilling to keep their cats inside should do their part by at least not flushing cat litter or cat feces down the toilet. Cat fecal material should be placed in double plastic bags and included in the household trash. As such it will end up in the landfill where precautions are taken to prevent environmental contamination.

Contacts: "What's Killing California Sea Otters?"; "Parasite in Cats Killing Sea Otters"

Dear EarthTalk: How can we get schools to offer healthier and more eco-friendly cafeteria food to our kids? I don't have time to bag a healthy lunch every day. -Leslie Morris, Richmond, VA

Now that many schools have

stopped selling sodas and other unhealthy vending machine items to their students, improving the nutritional quality of cafeteria food is on the agenda of many parents and school administrators. And luckily for the environment, healthier food usually means greener food.

Some forward-thinking schools are leading the charge by sourcing their cafeteria food from local farms and producers. This saves money and also cuts back on the pollution and global warming impacts associated with transporting food long distances. And since many local producers are turning to organic growing methods, local food usually means fewer pesticides in kids' school lunches.

Alarmed by childhood obesity statistics and the prevalence of unhealthy foods offered to students in schools, the Center for Food and Justice (CFJ) in 2000 spearheaded the national Farm to School lunch program. The program connects schools with local farms to provide healthy cafeteria food while also supporting local farmers. Participating schools not only obtain food locally, they incorporate nutrition-based curriculum and provide students with learning opportunities through visits to the local farms.

Farm to School programs now operate in 19 states and in several hundred school districts. CFJ recently received significant support from the W.K. Kellogg Foundation to expand the program to more states and districts. The group's website (link below) is loaded with

resources to help schools get started.

The U.S. Department of Agriculture (USDA) also runs a Small Farms/School Meals program that boasts participation in 400 school districts in 32 states. Interested schools can check out the agency's "Step-by-Step Guide on How to Bring Small Farms and Local Schools Together," which is available free online.

Other schools have taken the plunge in their own unique ways. In Berkeley, California, noted chef Alice Waters holds cooking classes in which students grow and prepare local organic fruits and vegetables for their peers' school lunch menus. And as documented in the film,

### City Guarantees College for All 6th Grade Public School Students

As part of the Partnership for Achievement between the City and the San Francisco Unified School District (SFUSD), Mayor Gavin Newsom on Sept. 17 was joined by Superintendent Carlos Garcia, San Francisco State University (SFSU) President Robert Corrigan, and California State University Board of Directors Chair Roberta Achtenberg to announce SF Promise, a new program that would guarantee a spot at San Francisco State University for all 6th grade students in our public schools. SF Promise will formalize a pathway to college through college readiness activities for all students.

"All students in San Francisco deserve the opportunity to attend college if they choose to," said Newsom. "S.F. Promise guarantees that students and families who commit to

"Super Size Me," Wisconsin's Appleton Central Alternative School hired a local organic bakery that helped transform Appleton's cafeteria fare from offerings heavy on meat and junk food to predominantly whole grains, fresh fruits and vegetables.

Of course, parents can ensure that their children eat well at school by forgoing the cafeteria offerings altogether and sending their kids to school with healthy bag lunches. For on-the-go parents unable to keep up with a daily lunch making regimen, innovative companies are beginning to sprout up that will do it for you. Kid Chow in San Francisco, Health e-Lunch Kids in

the program will receive the tools and supports to make higher education a reality."

The Mayor announced his proposal to fund the program using unspent monies from the Mayoral Election Campaign Fund. Two pieces of legislation will be submitted this week—one, creating a special fund for SF Promise, and the second to amend the Mayoral Election Campaign Fund ordinance, allocating the unspent public funding for the current Mayoral election (approximately \$6 million) to the program.

The goals of S.F. Promise are to increase state university admission eligibility and graduation rates, increase the number of students who receive post-secondary education, and increase the number of students

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Fairfax, Virginia, New York City's KidFresh and Manhattan Beach, California's Brown Bag Naturals will deliver organic and natural food lunches to your kids for about three times the price of a cafeteria lunch. But prices should change for the better as the idea catches on and more volume brings costs down.

Contacts: Farm to Schools; USDA Small Farms/School Meals Initiative; Kid Chow, Brown Bag Naturals; Health e-Lunch Kids; Kidfresh

Got an environmental question? Send it to: EarthTalk, c/o E/The Environmental Magazine, P.O. Box 5098, Westport, CT 06881; submit your question at: [www.emagazine.com/earthtalk.html](http://www.emagazine.com/earthtalk.html); or e-mail us at: [earthtalk@emagazine.com](mailto:earthtalk@emagazine.com).

who attend California universities from traditionally underrepresented groups.

"SF Promise reinstates the concept of college access for all students," said Achtenberg. President Corrigan added, "A college education means a more competitive workforce. Students who attend college are higher-earning and more productive, furthering their own economic health and that of the City's."

This level of support will require between \$800 - \$2,300 per eligible student, per year. The estimate is that in the first year, 350 6th graders (20 percent of the approximately 1,735 eligible 6th graders) will commit to S.F. Promise, at a cost of \$525,000. The goal is to expand the program to include all eligible 6th graders in the subsequent years.

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## Mortgage Foreclosure Scams on the Rise

Across the U.S., homeowners facing mortgage foreclosure are being scammed by foreclosure "rescue" companies promising to save their house but that only take their money. In light of this emerging trend, the Better Business Bureau (BBB) warns that gloomy forecasts for the housing and financial markets means that increasingly more people could fall prey to mortgage foreclosure scams in the coming months and years.

"According to estimates, as many as 1.7 million homeowners could lose their house to foreclosure in the next couple years," said Steve Cox, spokesperson for the Better Business Bureau. "These people will be in the desperate position of trying to save their home and they'll look for someone to trust. Unfortunately, con artists are seeing their chance to step in and make a fast buck off of troubled homeowners from Palm Springs to Pittsburgh."

In recent months, the BBB has heard from victims of foreclosure rescue schemes in almost all 50 states. Not surprisingly, states with the highest foreclosure rates — such as Georgia, Colorado and Ohio — have an exceptionally high number of complaints for companies offering foreclosure rescue.

BBBs nationwide have received hundreds of complaints from homeowners who enlisted the help of unscrupulous mortgage foreclosure rescue companies and they all tell a similar story.

Typically, homeowners report that they were either contacted directly by a mortgage foreclosure rescue company or came across a Web site while searching for help to stop foreclosure on their home. The companies claimed they would renegotiate the terms of their mortgages and stop foreclosure actions, or the homeowners would get their

### Fun Run to Stadium

Join San Francisco Mayor Gavin Newsom, Supervisors Maxwell, Elsbernd and Sandoval and world class runner Marian Lyons in Shape Up San Francisco's second annual Stadium to Stadium 10K Fun Run for Health from AT&T Park to Monster Park on Oct. 14.

The 10K starts at 9 a.m. at Pier 40A and the course is USATF certified. The one-mile Fun Run starts at 11 a.m. at Monster Park. Both races finish inside Monster Park.

Keep It Movin' Health and Fitness Fair is sponsored by California Pacific Medical Center at the finish line with free food provided by Pasta Pomodoro and Walden House.

All events are free to children 17 and under. Adult fees are \$30 for the 10K and \$5 for the one mile run. Register at [www.stadiumtostadium.com](http://www.stadiumtostadium.com) and get in motion today.

Proceeds benefit the children's health and educational programs in southeast San Francisco.

money back. Victims, who were desperate to keep their homes, paid as much as \$1,300. In the end, the companies did very little work or often nothing at all. Most victims, not only lost their homes, but they also have not been able to get promised refunds, either.

In the last three years, the Clearwater, FL BBB received 508 complaints for foreclosure services headquartered in their area. Of those complaints, 322 came within the last 12 months. The total amount of refunds requested by the complainants in the Clearwater area amounts to more than \$600,000.

The Charlotte BBB reports that last year only two mortgage foreclosure rescue companies operated in the Charlotte area, but now the number has now jumped to 15 — six of which have government actions against them including cease and desist requests, temporary restraining orders or consent judgments.

The Cleveland BBB reports a similar dramatic increase — 21 new companies offering mortgage foreclosure rescue opened in the Cleveland area in the past year alone.

"BBBs across the nation are hearing the same story from victims over and over again," added Cox. "Desperate homeowners are duped into a false sense of security by crooked companies and think their prayers have been answered and their homes will be saved. Unfortunately, many people are losing a lot of money and their houses through untrustworthy foreclosure rescue operations."

The BBB offers the following advice for homeowners facing mortgage foreclosure:

\*Contact your BBB or go to [www.bbb.org](http://www.bbb.org) to request a free Reliability Report before paying any "rescue" company. You can also check with your state Attorney General and state Real Estate Commission.

\*Beware of the personal approach. Some less-than-ethical businesses will stuff a handwritten note in your front door or mailbox that implies that "help" is available from someone who has your best interests in mind.

\*Talk to your lender. The first thing you should do is talk to your mortgage company about how to restructure your loan payment or refinance.

\*Never sign a contract under pressure and never sign away ownership of your property. Ask a trusted family member, your attorney or a financial professional to review any paperwork you may be asked to sign.

\*If you feel you have been taken advantage of by an unethical mortgage foreclosure "rescue" company, file a complaint with your BBB at [www.bbb.org](http://www.bbb.org).

For more trustworthy advice and tips for troubled homeowners, go to [www.bbb.org](http://www.bbb.org).

## Book Review

### Car Dealer Reveals Insider's Credit Secrets To Save You Money

The offers sound enticing; *zero percent interest, no money down, low monthly payments and huge discounts.* With offers like these, you're sure to get a good deal on a car, right? Not necessarily. Seems like there's always a catch or fine print. And that's why most people hate buying a car. They rank it right up there with getting a root canal — downright painful. The basic problem is that most people don't understand how car dealerships operate. So they wind up paying too much.

That's where Mark Marine comes in. Marine has been in the car business since 1989. He grew frustrated listening to the litany of stories from consumers who were upside down,

or owed more than their car was worth, in their car loans. Bothered by the standard practices in the auto industry, Marine decided to start empowering consumers by explaining how dealerships operate, and have designed a system to use your credit as a tool for profit.

His work for consumers led to national interviews on the Allan Handelman Show, Everyday Wealth with Geri Detwiller, Dr. Penelope Sugrosse, Bare Bones Biz with Ellen Rohr and The Jim Sumpter Show. Marine also hosted a daily talk show for four years on KTKK radio in Salt Lake City and wrote a weekly column in the Enterprise Newspaper, which was distributed to businesses throughout Utah. He currently lives in Utah where he owns and operates a car dealership.

As author of the book, *Kick the Dealer...Not the Tires!* (Motom Publishing, 184 pages, \$14.95), Marine believes consumers need to under-

### Saturdays are Special at Randall Museum

The Randall Museum offers drop-in, hands-on art and science workshops every Saturday from 1 to 4 p.m. at 199 Museum Way (off Roosevelt, above the Castro). Workshops are \$3 per child; \$5 for a parent and child combo.

All kids under 8 must be with a paying adult. Call 554-9600 for further information.

\*Oct. 6: Add "gemstones" and other fancy stuff to make your own treasure box.

\*Oct. 13: Assemble and decorate your own spinning top with fancy patterns.

\*Oct. 20: Learn how light refraction works and decorate your own spectroscope.

Other regular Saturday activi-

ties include:

\*Morning Family Ceramics from 10 to 11:30 a.m. (\$5 per person workshop fee)

\*Meet the Animals from 11:15 a.m. to 12 noon.

\*Animal Feeding at 12 noon.

\*Golden Gate Model Railroad Club Exhibit from 11 a.m. to 4 p.m.

#### Family Halloween Day

Put on your costume and join in on Ghoulish Games, Creepy Crafts, live entertainment including perennial favorite Jackie Jones and her Dancing Cat, and other delightful Randall Halloween activities during Family Halloween Day on Saturday, Oct. 27 from 10 a.m. to 2 p.m.

Admission is free; small fees apply for food and most activities.

### Working Their Way to Better Things



The Vistacion Valley Transitional Job Project located at the Valley Beach Center recently graduated its latest group of participants to promising futures. In collaboration with Goodwill Industries, the Project has already successfully provided job and vocational training, as well as support services to several dozen adults in the Vistacion Valley and Sunnydale communities. Project sessions are held several times a year.

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Fax: 239-2262

## Church of the Visitacion

Roman Catholic (1907)



### A Century in Visitacion Valley

#### Daily Masses

(Mon-Fri) 7 a.m. & 5:30 p.m.

#### Sunday Masses

8 & 9:30 a.m. (11 a.m. Spanish)  
12:30 & 5 p.m.

#### Saturday Masses

7:30 a.m. & 5 p.m.

#### Our Lady of Visitacion School

Grades K-8

239-7840

Religious Education: Grades K-8 (Saturday only) 239-6723

Come, Let us worship together!

655 Sunnydale Avenue  
San Francisco, CA 94134-2838  
(415) 239-5950

Rev. Erick E. Arauz, Administrator Pro Tem  
Rev. Thuan V. Hoang, Parochial Vicar

### Cooking Corner

#### Sweet Sausage Fusilli

2 tbsp. extra virgin olive oil; 12 oz. sweet Italian poultry sausage, sliced into 1/2-inch-thick half moons; 1-1/2 tsp. chopped oregano; Kosher salt and crushed red pepper flakes to taste; 1 qt. (8 oz.) broccoli florets, blanched; 1 cup California Black Ripe Olives, whole, pitted; 1 qt. cooked fusilli pasta; 1/4 cup shaved Parmesan cheese.

Heat 1 tablespoon olive oil in a large sauté pan over medium-high heat. Stir in sausage and oregano and season to taste with salt and pepper flakes. Cook for 3-5 minutes until browned.

Mix in broccoli, California Black Ripe Olives and pasta and cook until heated through. Toss with remaining olive oil and top with Parmesan cheese just before serving. Serves four.

NAPS



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For More Information, Please Contact  
Sandra Davis, Executive Director at (415) 333-2659

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- 會在允許的時間內給你答案
- 介紹有關專業人士如工程師、會計師、律師為你提供 15 分鐘的免費諮詢

我們電腦的自動化系統將會自動提供最新房地產資料, 還有太多(不解於錄)

佩麗是訪客區居民, 她會為你的房屋視如自己的一樣保衛它的價值, 加上安娜

的現代全球化市場推廣技術, 定能帶來最高的市價

佩麗能講流利中文(廣東話、國語、上海話)

安娜能講印尼話

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- \*Get you the answers within the promised approximate time.
- \*Provide you with FREE 15-minute consultants by referring to appropriate professionals that you need, such as contractors, accountants, real estate attorneys, etc.
- \*Enroll you in their free market update system on the particular housing market of your interest.
- \*And more (too long to list)

Justyna is a local resident who lives in Visitacion Valley. She would guard your house value as much as treating it as her own. Together with Anna's updated computerized marketing system, they can get you buyers from around the whole world.

Justyna speaks fluent Chinese (Cantonese, Mandarin and Shanghaiese).  
Anna speaks fluent Indonesian.

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## Visitacion Valley Police Report

### by Ingleside Captain Paul Chignell Transfer to Taraval Station

Effective Saturday, Sept. 15, Chief Heather Fong has transferred Captain Paul Chignell of the Ingleside Station to a new command: the Taraval Police Station.

Captain Denis O'Leary of Southern Station is the new Captain of Ingleside. I have known Denis throughout his career and ask that you all welcome him. He is a professional with a wealth of experience throughout many units of the San Francisco Police Department.

I must say that in the three years and five months that I have had the pleasure of serving the residents and visitors to the Ingleside Police District, I have immensely enjoyed working with community organization leaders, merchants, city officials and most importantly the residents of the Ingleside.

In over three decades of being a San Francisco police officer, I had not known the vibrancy of the many neighborhoods in the Ingleside. But I quickly found out! You are all so engaged to improve the quality of life in your communities and the small part that I have played in enhancing that quality will never be forgotten. This assignment has been my most rewarding as a police officer. My best to all of you and yours.

-Paul C. Chignell

### Grapevine Classified

IT'S NOT SMART to do nothing when you have something negative in your life. The issue somehow affects and becomes everybody's problem.

\*Getting nervous and upset.

\*Feeling sick on a regular basis.

\*Feeling like punching out something or someone.

\*Feeling like screaming

\*Can't sleep

\*Watching television all night.

\*Simply not in a happy frame of mind

\*Problem making the right choices.

If you are experiencing any of these symptoms, we need to talk with you. Visitation Valley Jobs, Education and Training center offers advocacy and mediation services relating to all types of quality-of-life issues. Court-mandated programs available. Service and trust is our commitment to the community. Contact Margie Ann Williams, Counselor at (415) 239-2877.

**WCC BOARD MEETINGS:** Visitation Valley Community Center (WCC) regular monthly Board meetings, held the 4th Thursday of each month at 6 p.m., except December and May, are open to the public. Board members are selected by the members of the community center with dues currently paid, at the Annual Membership meeting held the 3rd Saturday in May each year. Any vacancies that occur on the Board due to uncompleted 3-year terms of membership are filled by appointment of the remaining Board members. At least 75% of our Board members must reside in Visitation Valley. Persons interested in Board membership are encouraged to send a letter of interest to: Board of Directors Development Committee, Visitation Valley Community Center, 50 Raymond Avenue, San Francisco, CA 94134. Please let the Board know what you could contribute that will enhance and improve our organization for better service to our community. You will be contacted and your letter will be submitted to the Board for consideration at either the next Annual election or of any available open positions that might occur within the coming year.

**VOLUNTEERS WANTED for VVCC After School Program** to tutor children ages 5-14 at one of our 11 sites in the Visitation Valley area. Interested persons contact Dee Smith, WCC After School coordinator, (415) 585-2059.

**GRAPEVINE DISPLAY ADVERTISING:** new limited-time rates: Full Page \$60; 1/2 Page \$33.75; 1/4 Page \$18.75; 1/8 Page \$10; 1/12 Page \$8; 1/16 Page \$6. Generous discount for three or more insertions. Call (415) 467-9300 for more details. **Classified:** 20 words for \$1. Extra line 50 cents. Ad and payment should be received by 15th of prior month at Visitation Valley Grapevine, 50 Raymond Ave., San Francisco, CA 94134.

### Crossword Puzzle Solution

M	I	M	A	B	B	E	S	C	O	W
O	B	I	H	A	A	B	I	A	N	A
S	A	L	U	N	R	U	F	F	L	E
S	N	E	D	C	O	R	O	T		
S	E	P					R	E	B	E
B	E	T	E	L	N	U	T	R	E	D
R	I	O	O	P	T	I	C	G	I	D
A	N	N	A	S	E	L	E	N	I	T
T	E	E	S			L	P	N		
			T	O	B	I	T	G	N	A
N	I	N	E	M	U	S	E	I	C	A
O	D	E	R	A	H	A	B	N	I	G
G	A	O	N	L	I	K	E	G	S	A

### Police Cases

\*On Aug. 16 at 8:08 p.m. an officer stopped a vehicle at Leland and Schwerin for a stop sign violation. The driver, who lives on the 400 block of Leland, was unlicensed. He was cited and his 2007 Toyota was towed.

\*On Aug. 17 at 2:50 p.m. at Mansell and Shelley Drive, officers responded on a call of six juveniles shooting airguns at people and dogs. They located the suspects, and determined that one, who lives on Santa Ynez, was responsible, and cited him for a misdemeanor. The others were detained and released. At 6:30 p.m., a police sergeant and an officer made contact with private security at Heritage and Rey regarding a repetitive trespasser. A resident of the 200 block of Argonaut was cited. At 8:07 p.m., officers were on patrol at Santos and Blythdale when they observed two suspicious persons. A check revealed that one, who lives on the 1900 block of Sunnydale, was carrying a large concealed knife. He was arrested for the knife charge and a misdemeanor warrant. A second suspect, who lives on Margaret, was cited for drinking alcohol in public.

\*On Aug. 18 at 9 a.m., an officer stopped a vehicle at Garrison and Rey for an equipment violation. The driver, who lives on the 100 block of Broad, was unlicensed. He was cited and his motorcycle was towed. At 12:06 p.m., an officer stopped a vehicle at Hahn and Blythdale for an equipment violation. The driver, who lives on Santos, was operating the vehicle with a suspended license. He was cited and his 1990 Oldsmobile was towed. At 1:49 p.m., officers and a police sergeant were near the Sunnydale Public Housing monitoring overt gang activity in the area. They spotted an individual running full speed along a building line. They stopped the suspect and found that the resident of the 1800 block of Sunnydale had a misdemeanor warrant. At 2:02 p.m. at Burr and Argonaut, officers observed two people in the middle of the street refusing to move to allow cars to go by. The officers confronted the persons at which time one ran away to the 200 block of Argonaut. When the officers tried to contact him to write a citation, the suspect struck the officer and resisted arrest. The 17 year-old was cited and released to his parent.

\*On Aug. 19 at 12:55 p.m., officers were monitoring six suspected gang members on the 100 block of Garrison. They conducted probation searches and found that one suspect, who lives on the first block of Blythdale, was wanted on an arrest warrant for drunk driving. At 12:56 p.m., officers at Garrison and Heritage were continuing to monitor large numbers of loiterers and suspected gang members. One, who lives on the 200 block of Argonaut, was cited for possession of alcohol in public and possession of mari-

juana. At 1:47 p.m., officers were watching a group of four violent suspected gang members loitering on the 1700 block of Sunnydale. Two of the suspects tried to hide their faces from the officers, and when the officers approached, they took off running west on Sunnydale. The suspects were clutching their waistbands as if concealing firearms as they were running. The officers observed the suspects try to enter various apartments as they fled the area. The officers caught one of the suspects, who lives on the 100 block of Blythdale. He stated that they ran because the "other guy" had a gun. The suspect, 15 years old, was arrested for trespassing and interfering with a police officer in the performance of his duty.

\*On Aug. 20 at 10:35 p.m., an officer stopped a driver at Schwerin and Visitation for an equipment violation. The driver, who lives on Latona Street, was driving with a suspended license and was uninsured. She was cited and her 2002 Chrysler was towed.

\*On Aug. 21 at 9:20 a.m., Gang Task Force officers spotted a fugitive on the 100 block of Brookdale. The local resident was wanted on a no-bail domestic violence warrant. At 11:49 a.m., officers stopped a vehicle on the 200 block of Blythdale for irregular registration. The driver, who lives on the 100 block of Northridge, was cited and his 1989 Dodge was towed. At 6 p.m., an officer stopped a vehicle at Rey and Sunnydale for a stop sign violation. The driver, who lives on the 900 block of Rolph, was driving with a suspended license. She was cited and her 1986 Toyota was towed.

\*On Aug. 22 at 7:40 p.m., a police sergeant stopped a driver at Bayshore and Leland for a registration violation. The driver, who lives on the 800 block of Rutland, was driving with a suspended license. He was cited and his 1995 Ford was towed.

\*On Aug. 23 at 9:50 a.m., an officer stopped a vehicle at Sunnydale and Rutland for a stop sign violation. The driver, who lives on the 600 block of Velasco, was driving with a suspended license. She was cited and her 2005 Chevrolet was towed.

\*On Aug. 24 at 11:30 a.m., officers went to an address on the first block of Alphawhere a man had beaten his girlfriend after a dispute. The suspect was arrested for felony assault and domestic violence. At 2:05 p.m., an officer stopped a vehicle at Leland and Cora for an equipment violation. The driver, who lives on the 1100 block of Oakdale, was driving with a suspended license. He was cited and his 1993 Ford was towed. At 3:48 p.m., officers and a police sergeant on the 1600 block of Geneva found that a passenger had a warrant for his arrest for driving unlicensed. The suspect resides on the 1400 block of Quesada. At 4:06 p.m. on the 1600 block of Geneva, the same officers stopped a vehicle for no license plates. The driver, who lives on Navy Road, was

driving with a suspended license. He was cited and his 1986 Volks-wagen was towed. At 5:30 p.m. at Cora and Visitation, officers stopped a vehicle with multiple occupants for a stop sign violation. When the officers approached the vehicle they found that the driver was on parole. They conducted a parole search and then saw that one of the suspects in the vehicle was acting quite strangely. The officers then noticed that the suspect had a gun handle sticking out of a pocket. A search revealed that the suspect had a concealed and loaded firearm. The 15 year-old from Oakland also had a no bail warrant for his arrest. The driver, who lives on the first block of Blythdale, was arrested on a parole violation and the 15 year-old on two charges. At 7:25 p.m., an officer stopped a vehicle at Sunnydale and Cora for a stop sign violation. The driver, who lives on the 500 block of Velasco, was unlicensed. He was cited and his 2004 Chevrolet was towed.

\*On Aug. 25 at 6:40 p.m., an officer stopped a vehicle at Sunnydale and Schwerin for a stop sign violation. The driver, who lives on the 1900 block of Sunnydale, was driving with a suspended license. He was cited and his 1996 Cadillac was towed. At 10:30 p.m., officers were checking an abandoned building on the 100 block of Santos. When they finished, they looked over on the 100 block of Blythdale where a number of loiterers were yelling obscenities at them. A warrant check for one, who lives in Stockton, showed a misdemeanor warrant from the BART Police Department. He was arrested.

\*On Aug. 28 at 1:42 a.m., officers at Mansell and Visitation observed a man urinating next to a vehicle with the engine running. The man was unlicensed. The resident of Gavin Street was cited and his 1993 Toyota was towed. At 12:12 p.m. at Shelley and Mansell, officers were investigating a lost dog call. A vehicle drove by them going 3 miles per hour. The officers noticed that one of the occupants was drinking a beer. They stopped the vehicle and found that

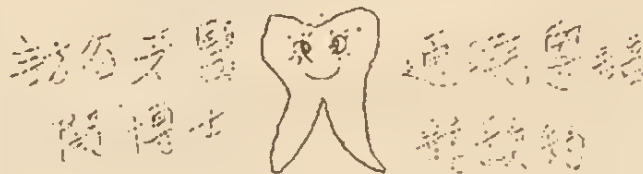
the driver, who lives on the 200 block of Argonaut, stated that he was out of gas. He was also driving with a suspended license. The passenger, who lives on Argonaut as well, was cited for possession of narcotics paraphernalia. At 2:05 p.m. on the 1700 block of Sunnydal, a group of Gang Task Force and Ingleside officers were on foot and motorized patrol near the Sunnydale Public Housing due to gang activity and shootings in the area. An officer spotted a known suspect who is a notorious gang member and is wanted for questioning in recent shootings and at least one homicide. The suspect was also recently shot in the right hand. As soon as the suspect saw the officer, he spontaneously stated "I didn't do nothing" and took off running near Sunnydale and Santos while clutching his waistband. The officer gave chase and the suspect fell down near 40 Santos, took a revolver from his waistband and threw it to the ground, and then continued to run away. The officer retrieved the firearm. A police sergeant of the Gang Task Force continued to chase the suspect, who ran into a housing unit on the 1700 block of Sunnydale and shut the door on the sergeant. The sergeant forced open the door, which was being held shut by the suspect and after a struggle took the suspect into custody. The suspect, who lives on Towerside, was arrested on numerous felony charges.

\*On Aug. 29 at 8:34 a.m. on the 100 block of Blythdale, officers from the Gang Task Force spotted a suspicious person. When they made contact with the resident of Oakland, they found him in possession of 25 rocks of crack cocaine. He was arrested. At 8:47 a.m. on the first block of Brookdale, officers from the Gang Task Force stopped a vehicle for a registration violation. The driver, who lives on the 1600 block of Sunnydale, and is a juvenile, was operating a stolen vehicle. He was arrested for auto theft and driving unlicensed. At 10:44 a.m. on the 100 block of Blythdale, officers assigned temporarily to the Gang Task

See Page 13

## VISITACION VALLEY DENTAL OFFICE

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Sunday Worship Service: 10:30 a.m.  
Wednesday Bible Study: 11:00 a.m.  
Friday Bible Fellowship: 7:30 p.m.  
Saturday Choir Rehearsal: 10:00 a.m.

You are cordially welcome to join us for study, worship, fellowship and service. We seek to teach the Bible and to lift up Jesus Christ so He can draw all persons to Himself.

Come to Church This Week



Force from Ingleside Station and an officer of the Gang Task Force were on patrol in the Sunnydale area when they spotted a vehicle with a driver commit numerous traffic violations and then speed away from the officers. They finally stopped the vehicle on the 100 block of Blythdale and noticed that the driver was extremely nervous, shaking and refused lawful orders of the officer. The driver finally emerged from the vehicle and an officer saw a loaded semi-automatic handgun protruding from his pocket. The suspect was disarmed and taken into custody. The resident of the first block of Bertha Lane, who has two prior arrests for auto theft, was arrested on weapons charges and receiving stolen property as the weapon was stolen in San Jose.

\*On Aug. 30 at 2:49 p.m. on the 1500 block of Sunnydale, officers and a police sergeant were monitoring gang members loitering around the Sunnydale Housing development. They spotted a known gang member who always runs when contacted by the police. The suspect was trespassing on Housing property after being admonished not to. When the officers approached him he took off running. The officers chased him down with the suspect running into the arms of an officer. The resident of the 1000 block of Hollister was arrested for trespassing and resisting arrest.

\*On Aug. 31 at 12:02 p.m., officers went to an address on the 100 block of Brookdale and arrested a suspect with no permanent local address, for violating a restraining order. At 5:27 p.m., an officer stopped a vehicle at Garrison and Schwerin for an equipment violation. The driver, who lives on the 200 block of Eddy, was unlicensed. He was cited and his 1997 Toyota was towed. At 6:31 p.m. at Sunnydale and Cora, Gang Task Force officers and two police sergeants observed a suspicious vehicle with no license plates. With the assistance of two officers, the vehicle was stopped and found to be stolen. The driver, who lives in Colma, admitted that he bought the car on the street at 24th and Mission and thought it might be stolen. He was arrested for auto theft, receiving stolen property, and being unlicensed. A passenger, who lives on the 1400 block of Kirkwood, was wanted on a drug warrant. At 8:04 p.m. officers on the first block of Castillo were flagged down by a shouting victim who stated that she had been beaten by a suspect. The officers located her boyfriend who had assaulted her and threatened to kill her. The suspect, who lives on the first block of Castillo, was arrested on three felonies and a misdemeanor warrant from Daly City. At 9:05 p.m., an officer stopped a vehicle at Bayshore and Leland for an equipment violation. The driver, who lives on the 1100 block of Palou, was driving with a suspended license. She was cited and her 1987 Toyota was towed. At 10:15 p.m., an officer arrested a juvenile on an outstanding warrant at his residence on the 200 block of Blythdale.

\*On Sept. 1 at 7:42 a.m., officers went to a dispute on the first block of Santos. They found that one of the protagonists, a person with no permanent local address, was wanted on a driving with a suspended license warrant from Merced County. At 10:03 a.m., officers went to Geneva and Santos where a man was banging his head against a wall. The suspect, who has no permanent local address, was in possession of narcotics and had a warrant for theft from the Sacramento Police Department. At 12:34 p.m. at Rutland and Sunnydale, an officer stopped a vehicle for a stop sign violation. The driver, who lives on the 200 block of Schwerin, was driving with a suspended license. He was cited and his 2003 Ford was towed. At 1:29 p.m., an officer stopped a vehicle at Sunnydale and Garrison for a broken windshield. The driver, who lives on the 1600 block of Shafter, was unlicensed and uninsured. She was cited and her 1990 Acura was towed.

\*On Sept. 2 at 3 p.m., officers ar-

rested a panhandler who was plying his trade on the 2200 block of Bayshore and threatening people with a knife if they did not give him money. The suspect threatened to kill the proprietor of a store while wielding the knife. The resident of the 700 block of Polk was arrested on a felony assault charge.

\*On Sept. 3 at 12:35 p.m., officers on the 600 block of Sawyer stopped a vehicle for fraudulent registration. The driver, who lives on the 200 block of Blythdale, was cited and his 1982 Ford was towed. At 8 p.m., an officer at Sunnydale and Rutland stopped a vehicle for an equipment violation. The driver, who lives in Byron, was driving with a suspended license. He was cited and his 1990 Honda was towed.

\*On Sept. 4 at 6 p.m., officers went to the 1700 block of Geneva where a resident was holding onto a suspect who had stolen his daughter's iPod. The officers cited the 12 year-old, who is a resident of the first block of Brookdale, for grand theft. At 8:28 p.m. at Visitation and Hahn, officers cited a resident of the 100 block of Desmond for fraudulent vehicle registration.

\*On Sept. 5 at 4:30 p.m. on the 1600 block of Sunnydale, officers stopped a driver whom they knew was operating a vehicle with a suspended license. The resident of Oakland was cited and his 1989 Chevrolet was towed.

\*On Sept. 6 at 3:02 p.m., officers responded to the 100 block of Leland on a call from two residents that an extremely drunk driver had narrowly missed hitting them with his car. The officers located the suspect attempting without success to turn a door-knob. The suspect, who lives in San Mateo, was four times over the legal limit for driving under the influence of alcohol. He was arrested on three charges. At 7:40 p.m., officers went to a residence on the 100 block of Santos where a man who was violating a restraining order was trying to gain access to the residence of a woman by climbing through a window. The officers arrested a resident of the 1300 block of Fitzgerald for attempted burglary and for violating a restraining order. At 9:04 p.m., a police sergeant and an officer at Sunnydale and Garrison stopped a driver for violating a stop sign rule. The resident of Hayward was wanted on a felony assault warrant from the Union City Police Department.

\*On Sept. 7 at 4:51 p.m., officers stopped a driver on the 100 block of Brookdale for an equipment violation, found marijuana under his control and admonished the resident of the 1000 block of Hollister for trespassing on Housing Authority property. He was cited and released. At 6:40 p.m. on the 1800 block of Sunnydale, a suspect had stabbed his girlfriend in the stomach after a domestic dispute. Officers located the suspect at 11:51 p.m. on the 1900 block of Sunnydale and arrested him for felony assault and domestic violence. At 11:15 p.m., an officer stopped a vehicle for unsafe passing. The driver, who lives on the 1800 block of Sunnydale, was driving with a suspended license. He was cited and his 2007 Chevrolet was towed.

\*On Sept. 8 at 5 p.m., officers were looking for a suspect who had fired shots at another individual on Sept. 6. The officers spotted the suspect on the 200 block of Hahn and took him into custody. The resident of the 400 block of Argonaut was arrested for the shooting, trespassing and a gang allegation.

\*On Sept. 9 at 12:43 p.m., an officer observed a stolen vehicle being driven on the 1800 block of Sunnydale. Just before the vehicle took off, the driver was chatting while doubleparked with a known Sunnydale gang member. The officer followed the vehicle, which took evasive turns from street to street and finally stopped the vehicle on the 200 block of Prague. The driver, who was unlicensed, had stolen the vehicle from a friend on Bay Street. The resident of the 200 block of Teddy, was arrested for stolen auto and being unlicensed.

\*On Sept. 10 at 1:35 p.m., officers located a wanted fugitive on the 1500

block of Sunnydale. The suspect, who lives on the 100 block of Jones, was wanted on a weapons warrant. At 5:03 p.m., an officer stopped a vehicle at Sunnydale and Sawyer for an equipment violation. The driver, who lives on the 1300 block of Revere, was driving with a suspended license. She was cited and her 1998 Nissan was towed. At 6:20 p.m., an officer stopped a vehicle at Velasco and Castillo for an equipment violation. The driver, who lives in Daly City, was driving with a suspended license. She was cited and her 1995 Ford was towed. At 7:15 p.m., an officer stopped a vehicle at Sunnydale and Santos for an equipment violation. The driver, who lives on the 1700 block of Sunnydale, was driving with a suspended license and was uninsured. He was cited and his 1997 Honda was towed.

\*On Sept. 11 at 12:46 a.m. on Shelley near Cambridge, officers responded to a vehicle that had rolled over due to excessive speed. The driver, who lives on the 600 block of LaGrande, was unlicensed. He was cited and his 1994 Ford was towed. At 9 a.m., a woman was in a residence on the first block of Blythdale when her boyfriend grabbed her around the throat, strangled her, pulled her around the house throwing her on the ground and then struck her 10-15 times. He then pulled out a shotgun and threatened to kill her. The victim fled out onto the 1400 block of Sunnydale but the suspect caught up to her and destroyed her cell phone. The suspect then took off on foot with the shotgun inside a large backpack. Officers responded and located the suspect. The suspect ran away but was arrested by an officer at Geneva and Rio Verde. A police sergeant arrived and assisted in supervising the investigation. The shotgun and other evidence was retrieved. The suspect, who has an unknown address, was arrested on numerous charges including weapons, domestic violence, threats and false imprisonment. At 10:58 p.m. at Campbell and Holyoke, an officer stopped a vehicle for a red light violation. The driver, who lives on the first block of Raymond, was driving with a suspended license. He was cited and his 1993 Lexus was towed.

\*On Sept. 12 at 9:35 a.m., an officer stopped a vehicle at Sunnydale and Rutland for a stop sign violation. The driver, who lives on the 200 block of Santos, was driving with a suspended license and was uninsured. He was cited and his 2004 Toyota was towed. At 5 p.m. at Santos and Blythdale, officers observed a suspect urinating in public. They stopped to admonish and found that the suspect, who lives on Brookdale, was in possession of heroin. At 7 p.m. on the 2400 block of Bayshore, officers stopped a fight in progress. A warrant check revealed that a local resident was wanted on a malicious mischief warrant from San Mateo County. At 8 p.m., officers stopped a vehicle at Garrison and Argonaut for an equipment violation. The driver, who lives on the 1500 block of Sunnydale, was driving with a suspended license, was uninsured and had a warrant for his arrest for assault. At 9:30 p.m. on the first block of Raymond, investigated a case where an ex-boyfriend had broken into a woman's house, held her against her will and threatened to kill her if she called the police. The officers found the suspect on Girard near San Bruno Avenue and arrested him for numerous felonies.

### Police Summaries

\*Aug 16: 1200 block of Girard St., domestic violence  
\*Aug 16: 578 Leland Ave., found 1988 Toyota  
\*Aug 16: 1511 Sunnydale Ave., stolen 1988 Toyota  
\*Aug 17: 9:05 p.m., 100 block of Arleta Ave., large marijuana grow, weapons and narcotics confiscated  
\*Aug 17: 9:56 p.m., 400 block of Sawyer St., robbery, pursesnatch, three suspects, victim pushed to ground  
\*Aug 17: 100 block of Garrison Ave., license plate tab theft  
\*Aug 17: 100 block of Loehr St., assault  
\*Aug 17: 1200 block of Sunnydale Ave., mental detention, 18 year-old man  
\*Aug 18: 100 block of Cora St., mental detention, 46 year-old man  
\*Aug 18: First block of Raymond Ave., domestic violence  
\*Aug 18: 300 block of Raymond Ave., child abuse.  
\*Aug 19: 7 p.m., 1200 block of Sunnydale Ave., shots into vehicles  
\*Aug 19: 100 block of Britton St., fire, kitchen  
\*Aug 19: 1070 Brussels St., found 1993 Honda

\*Aug. 19: 1200 block of Sunnydale Ave., shots fired  
\*Aug. 19: 1600 block of Sunnydale Ave., missing 16 year-old boy  
\*Aug. 19: 1600 block of Sunnydale Ave., missing 15 year-old boy  
\*Aug. 20: 12:52 p.m., 2100 block of Geneva Ave., strongarm robbery, two suspects, cell phone taken.  
\*Aug. 20: Burr and McCarthy Aves., theft from locked vehicle.  
\*Aug. 20: 200 block of Harkness Ave., vandalism  
\*Aug. 21 6 p.m., Teddy Ave. and Rutland St., robbery, pursesnatch  
\*Aug. 21: 1429 Sunnydale Ave., stolen 1989 Toyota  
\*Aug. 21: Tucker and Rutland Ave., battery  
\*Aug. 22: 8:30 p.m., 1800 block of Felton St., robbery, gun, four suspects, took iPod, fled in four-door black vehicle  
\*Aug. 22: 1200 block of Sunnydale Ave., theft from unlocked vehicle.  
\*Aug. 22: 1400 block of Sunnydale Ave., stolen 1989 Toyota  
\*Aug. 22: 350 Velasco Ave., stolen 1998 Saturn.  
\*Aug. 23: 5:15 a.m., Geneva Ave. and Santos St., robbery, two suspects, strongarm, take backpack  
\*Aug. 23: 12:38 p.m., 300 block of Leland Ave., attempted robbery, 83 year-old victim, knocked to ground, suspect flees.  
\*Aug. 23: 1 Hahn St., found 1992 Saturn  
\*Aug. 23: 1200 block of Sunnydale Ave., theft from unlocked vehicle  
\*Aug. 23: 1949 Sunnydale Ave., found 1991 Toyota  
\*Aug. 24: 100 block of Brookdale Ave., threats, suspect known.  
\*Aug. 24: 1700 block of Sunnydale Ave., 15 shots fired, vehicles hit, no injuries.  
\*Aug. 25: 11:23 p.m., Harvard and Felton Sts., robbery, three suspects with baseball bat, take money and cell phones.  
\*Aug. 25: 147 Brookdale Ave., found 1996 Saturn.  
\*Aug. 25: 2700 block of San Bruno Ave., theft, bicycle  
\*Aug. 26: 1600 block of Sunnydale Ave., burglary, rear door, purse taken.  
\*Aug. 26: 200 block of Blythdale Ave., breaking windows  
\*Aug. 26: 1500 block of Geneva Ave., vandalism to vehicle.  
\*Aug. 26: 1700 block of Geneva Ave., found 38 year-old  
\*Aug. 26: Rutland St. and Tioga Ave., false vehicle registration.  
\*Aug. 26: 1700 block of Sunnydale Ave., malicious mischief.  
\*Aug. 27: 149 Desmond St., found 1997 Saturn  
\*Aug. 27: 1500 block of Geneva Ave., found 11 year-old boy  
\*Aug. 27: First block of Leland Ave., minor beyond control  
\*Aug. 28: 5:23 pm, San Bruno and Silver Aves., attempted rape (occurred July 27)  
\*Aug. 28: 4:45 pm, Bacon and Cambridge Sts., robbery, strongarm, took cell phones  
\*Aug. 28: First block of Arleta Ave., death, 59 year-old man.  
\*Aug. 28: First block of Blythdale Ave., domestic violence.  
\*Aug. 28: 45 Tioga Ave., stolen 1994 Acura.  
\*Aug. 29: 8 p.m., Bayshore Blvd. and Highway 101, felony assault, five suspects strike homeless man, leaving him to bleed from the head, victim in very serious condition.  
\*Aug. 29: 300 block of Arleta Ave., mental detention, 41 year-old woman.  
\*Aug. 29: 300 block of Cambridge St., theft from locked vehicle.  
\*Aug. 29: 1301 Goettingen St., found 1996 Saturn.  
\*Aug. 29: 2500 block of San Bruno Ave., ATM fraud  
\*Aug. 29: 200 block of Teddy Ave., mental detention, 57 year-old man.  
\*Aug. 29: 45 Tioga Ave., stolen 1994 Acura  
\*Aug. 29: 556 Velasco Ave., found 1988 Acura  
\*Aug. 30: 10:06 p.m., 1800 block of Sunnydale Ave., shooting, officers hear shots, run to victim who had been shot in arms, torso, victim stated he did not know who shot him  
\*Aug. 30: 100 Ankeny St., found 1991 Acura  
\*Aug. 30: 200 block of Blythdale Ave., missing 16 year-old boy  
\*Aug. 30: First block of Garrison Ave., stayaway

VISITACION VALLEY GRAPEVINE - OCTOBER 2007 - 13  
order violation.  
\*Aug. 30: 1301 Goettingen St., found 1996 Saturn.  
\*Aug. 30: 200 block of Schwerin St., found 15 year-old girl.  
\*Aug. 30: 1700 block of Sunnydale Ave., domestic violence  
\*Aug. 30: 1800 block of Sunnydale Ave., domestic violence.  
\*Aug. 31: 100 block of Blythdale Ave., breaking windows  
\*Aug. 31: Britton and Sunnydale Ave., mental detention, 47 year-old man.  
\*Aug. 31: First block of Delta St., found 10 year-old juvenile  
\*Aug. 31: Geneva and Carter St., mental detention, battery, 29 year-old woman.  
\*Aug. 31: 394 Raymond Ave., found 1996 Honda  
\*Aug. 31: 3500 block of San Bruno Ave., exhibiting weapon  
\*Sept. 1: 2000 block of Bayshore Blvd., burglary, construction site, compressor taken.  
\*Sept. 1: 100 block of Tucker Ave., vandalism to vehicle.  
\*Sept. 2: 9:35 a.m., 100 block of Velasco Ave., homicide, victim chased down by multiple suspects and assassinated  
\*Sept. 2: 100 block of Santos St., stayaway order violation  
\*Sept. 2: 1616 Sunnydale Ave., found 1993 Honda  
\*Sept. 2: 1800 block of Sunnydale Ave., threats, suspect known.  
\*Sept. 2: 1800 block of Sunnydale Ave., harassing phone calls, same suspect  
\*Sept. 2: 100 block of Tucker Ave., vandalism, suspect known  
\*Sept. 3: 2:28 p.m., First block of Brookdale Ave., homicide, multiple shots fired at victim  
\*Sept. 3: 5:20 p.m., Leland Ave. and Desmond St., robbery, purse snatch.  
\*Sept. 3: 400 block of Argonaut Ave., theft, cameras and stereo  
\*Sept. 3: First block of Gamson Ave., probation search, narcotics and ammunition found.  
\*Sept. 3: 1800 block of Sunnydale Ave., domestic violence.  
\*Sept. 4: 7:25 p.m., 100 block of Teddy Ave., attempted robbery, five suspects attempt to take backpack, witness chases them away -  
\*Sept. 4: 2000 block of Bayshore Blvd., theft of produce and liquor.  
\*Sept. 5: 9:14 p.m., 1800 block of Sunnydale Ave., shots fired  
\*Sept. 5: 128 Britton St., found 1986 Toyota  
\*Sept. 5: First block of Castillo St., threats, suspect known  
\*Sept. 6: 8:20 a.m., Sunnydale Ave. and Sawyer St., 12 shots fired by a suspect, no victim found.  
\*Sept. 6: 3400 block of San Bruno Ave., theft, bicycle  
\*Sept. 7: 1220 Goettingen St., stolen 2001 Chevrolet  
\*Sept. 8: First block of Teddy Ave., burglary, fence, tools  
\*Sept. 8: 1000 block of Girard St., restraining order violation  
\*Sept. 8: 100 block of Rey St., two handguns seized  
\*Sept. 9: 1700 block of Sunnydale Ave., domestic Violence.  
\*Sept. 9: 1800 block of Sunnydale Ave., mental detention, 35 year-old man.  
\*Sept. 9: 1800 block of Sunnydale Ave., vandalism.  
\*Sept. 9: First block of Tioga Ave., serious domestic violence, gun struck on head.  
\*Sept. 10: 2200 block of Bayshore Blvd., assault, laceration to head  
\*Sept. 10: 1700 block of Felton St., stayaway order violation.  
\*Sept. 11: Campbell Ave. and Rutland St., mental detention, 33 year-old woman.  
\*Sept. 12: 11 a.m., 1200 block of Sunnydale Ave., firearm discharged, no injury.  
\*Sept. 12: 10:02 p.m., 100 block of Britton St., firearm discharged, no injury.  
\*Sept. 12: 120 Brookdale Ave., found 1991 Honda  
\*Sept. 12: 100 block of Leland Ave., threats, suspect known  
\*Sept. 12: 190 Raymond Ave., found 1991 Oldsmobile.  
\*Sept. 12: 524 Sunnydale Ave., found 1994 Acura.

## Small Business Classes at City College

The Small Business Institute of City College of San Francisco will offer the following free, one-night classes during October:

\*Business Licenses and Permits, October 1, SMBU 9451  
\*Successful Sales, Oct. 2, SMBU 9421  
\*Getting the Right Loan, Oct. 3, SMBU 9783  
\*Introduction to Management, Oct. 9, SMBU 9792  
\*Business Communication, Oct. 10, SMBU 9453  
\*Staffing Your Business, Oct. 17, SMBU 9449  
\*Employer/Employee Rights, Oct. 24, SMBU 9466  
\*Pricing a Product or Service, Oct. 29, SMBU 9471

The following free, three-night courses also will start in October:  
\*Planning for the Future, Thursdays, Oct. 11-25, SMBU 9475  
\*eBay for Your Small Business,, Tuesdays, Oct. 16-30, SMBU 9477  
\*Getting Started in Business, Wednesdays, Oct. 31-Nov. 14, SMBU 9467

All of the above classes will be

held at City College's Downtown Campus, 88 4th St., from 6 to 9 p.m. in room 318. The classes are free and no pre-registration is necessary. You may register the night of the class.

Additional information about the Small Business Institute's courses can be found at [www.ccsf.edu](http://www.ccsf.edu) or by calling (415) 239-3203.

### Bayview Police Update

by Bayview Captain Albert Pardini  
\*Sunday, August 26, 9:39 p.m., San Bruno Avenue and Bacon Street: A San Bruno Avenue merchant was alerted by one of her current employees that a recently fired employee came into the store while the owner stepped out and stole many items. The owner looked for the suspect but only found the suspect's car. The owner also saw the merchandise that was stolen in the back of her car. The car was towed and is awaiting for the suspect to meet with Inspector's so she can claim her car as well as face charges.



## Grapevine Puzzler S.F. Neighborhoods , Pt 1

F F I L L M O R E Y E L L A V P B N W C  
R O K R O I S L E C K E C N B A L B O A  
A R N O Z A M A M T D M I I E R C R C S  
H E O V B G R G B R N H V H R K O M N T  
W S L W B E S O A Y O E I C N N L C V R  
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R H S O Y S H D C W A G V A L L E Y L F  
U I T D V T G E A O I H E T A G C T A I  
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N I S A B S Q U A R E L A I C N A N I F  
A G U Y A C R O C K E R H C T A P G O D

Alamo Square	Cathedral Hill	Cow Hollow	Fillmore Financial District
Anza Vista	Cayuga Terrace	Crocker- Amazon	Fisherman's Wharf
Ashbury Heights	China Basin	Diamond Heights	Forest Hill
Balboa Park	Chinatown	Dogpatch	Forest Knolls
Balboa Terrace	Civic Center	Dolores Heights	French Quarter
Bayview	Clarendon	Duboce Triangle	Golden Gate
Bernal Heights	Heights Cole	Embarcadero	Heights Haight- Ashbury
Buena Vista	Valley Corona	Eureka Valley	
Castro	Heights	Excelsior	

## Historic Proportions

1878

Match clues to answers.

1. He became King of Italy on Jan. 9.
2. First daily college newspaper in the United States on Jan. 28.
3. Greece declares war on this country Feb. 2..
4. More than 640 died on Sept. 3 when the the Princess Alice collided with the Bywell Castle on this river.
5. First U.S. bicycle club formed here on Feb. 11.
6. This made Serbia, Montenegro and Romania completely independent on July 13.
7. Lincoln County War began here on Feb. 18.
8. He succeeded Pius IX on Feb. 20 as the 254th pope.
9. Patented by Thomas Edison on

## As a Matter of Fact

"The estadio is a traditional unit of distance in Spain and Portugal equal to a quarter-mile.

"If the fat on a piece of beef is tinged with yellow, it usually indicates that the steer was grass-fed.

"The term "restaurant" was first used by Boulanger, who opened the first establishment of its kind in Paris in 1765.

"Hands did not appear on clocks until the end of the 14th century.

"It's easier to peel a hard boiled egg that is still warm. If you allow it to cool, the shell can stick to the egg.

"A grandmother clock does not exceed 6 feet, 6 inches in height.

"As early as 4000 B.C., ancient people used crude pens consisting of hollow straws or reeds that supported a short column of liquid.

"Traditionally, in Italy, time was reckoned around a 24-hour day starting at sunset. That's how the hours near sunset came to be known as the Italian hours.

"In music, the term "rubato" means "with a freedom of tempo."

"A "Dutch striking" is when a clock chimes every hour on the half-hour, but with a different tone from when it chimes on the hour.

## Sump, the Gump



## Poor Rix Almanac

by Rix Quinn

Dear Poor Rix: A friend tells me Abraham Lincoln wrote the Gettysburg Address on an envelope while traveling by train to the event. Is this true or false? - History Student

Poor Rix never saw Lincoln personally, but has recognized his face on several pennies.

Seriously, some historians concur with the envelope story, and others insist he worked on this important document for several weeks. Nearly all agree that it's one of the greatest speeches in history.

There's also a story about the tourist who goes to Pennsylvania and asks, "Where can I find Lincoln's Gettysburg Address?"

The guy replies, "I didn't know he had a house here."

Poor Rix: I'm about to celebrate my 35th birthday. Is there any advantage to getting older? - Donna

Poor Rix can name four:

1. Younger people start calling you "Ma'am." (That's bad if you're a guy.)

2. Verbal ability reportedly increases until old age, which is decades beyond 35.

3. A 35-year-old man can still make mistakes, but can come up with better excuses.

4. Experts tell us that the older we get, the less our sweat smells. (That's great news for Poor Rix, who will again delay his weekly bath.)

Dear Poor Rix: If you didn't know how old you were, how old would you be? - Violet, Tarrytown, NY

Poor Rix believes age is a state of mind, and lives in the state of Confusion.

But seriously, if you think young, you'll act young. If you think old, you'll act old.

There's a great book by Andrew Postman called What's in an Age? Who did what when, from age 1 to 100. Did you know that at the age of six, Wolfgang Amadeus Mozart performed concerts in Europe? Or that Joy Foster became the Jamaican women's table tennis champion at age eight? (At the age of six, Poor Rix was still counting his toes, and at age eight happily discovered he had 13.)

Some people do great things when they're young. Others perform spectacularly as senior citizens.

Sophocles wrote the play "Oedipus at Colonus" when he was 90. At age 100, Ichijirou Araya climbed Mount Fuji.

Most of us are older than six, and younger than 100. So what will we do with this 94 years of middle age? We can stay in school, or go back to it. We can learn a new profession, or develop a specialty in our current one.

Unfortunately, there's no rewind on life's video. The only way we can move is forward.

So if Poor Rix could pick one single age, it would be the Age of

## Grapevine Five Years Ago

OCTOBER 2002

"John King Senior Community was officially dedicated on Sept. 10 in an afternoon ceremony celebrating its earlier grand opening.

"Representatives from Caltrain on Sept. 14 displayed plans for a new pedestrian overcrossing to be erected at the Bayshore Station on Tunnel Avenue.

"Department of Parking and Traffic representatives announced that Blanken would be rerouted to the right to meet Bayshore at a 90 degree angle, creating a separate intersection with traffic lights away from Bayshore, Arleta and San Bruno avenues.

"The San Francisco Public Library began a planning process for a new Visitation Valley Branch Library to start with an Oct. 12 meeting.

"Visitation Valley's 56-Rutland was rerouted on Aug. 31 to serve Visitation Valley Middle School and the Community Beacon Center.

Enlightenment, which begins for everyone each new morning.

Dear Rix: I just read your ideason age and must say that I agree with them. I might add that I have found a way to solve worrying about getting older; I just picked out an age that I liked and have stayed there.

Forty-nine seems to work for me - a very good friend of mine is 44 and she doesn't feel so much like she's a groupie at a nursing home when we are together, because she believes me when I say I'm 49. She has considered returning to 39, but that will just be an ego boost for a 49-year-old like me.

However, I am beginning to have a problem that I'll have to deal with soon - my three oldest children will be 45, 44, and 43 this fall. So far I just tell people that I was a "gifted child".

Speaking in educational terms brings on the more serious side of being 49 (multiple times). There is a group of semi-senior citizens wanting to have a high school 50 year class reunion in 2009.

Although I'd like to see some of them, I won't be able to attend if I'm not born yet. -John Sullivan, Publisher, Logan Republican in Logan, Kansas.

## Baby Boomers

by Rix Quinn

Boomers Alive

Would you be able to tell me: (a) approximately how many male Boomers are currently alive and (b) how many male Boomers are approaching their sixties or in their sixties? - Robert Schwalbe, Ph.D.

According to 2005 statistics, there are about 38,474,000 Boomer men alive today. In 2006, about 2,883,000 turned 60. Approximately that same amount will turn 60 this year and next.

Fortunately, Boomers tend to pay attention to health care and exercise. So will 60 years old soon become the new 40? I sure hope so!

Adult Boomers

To comprehend the adult Boomer, you must first know the child.

A Boomer's elementary school day started early, when he sat down for breakfast with the family. Back then, mid-century kids ate food cooked on a stove, or right out of a cereal box that contained a prize. The microwave was a product that would appear in some future decade.

Unless you lived far from school, you often walked or rode a bike. The school day contained six hours of classroom work interrupted by two recess periods plus a lunch. Many kids chose the school's "plate lunch" (one meat and two vegetables) plus a small carton of white or chocolate milk.

If you are a Baby Boomer, Rix needs your help! Please e-mail your answer to the following question to rixquinn@charter.net: "What is the best part of being a Baby Boomer?"

The 1950s

It's not fair to ask Boomers about the 1950s, because many of us weren't born. Most of us remember parts of the 1960s and 1970s, even though a few of us were very young.

If you didn't experience these important decades, we'll share the big events with you. And if you were there - but for some reason don't remember - we'll refresh those slightly older brain cells.

This week, the 1950s. Think of that decade as an episode of "Leave in to Beaver" or "Father Knows Best." It was a time of tranquility, a time for sharing family values. Also, most of the television shows were in black-and-white.

Nearly everybody wore some sort of suit to identify his profession. Business people wore coats and ties. Tennis pros wore white shirts and shorts. Service station attendants often wore work clothes complete with company insignia, tie, and hat.

Rix Quinn - who wrote the book on short writing "Words That Stick" - invites your Baby Boomer questions to rixquinn@charter.net.

## Events in October at Valley Branch Library

Following are events in August at the Visitation Valley Branch Library:

\*Oct. 2, 9, 16 23 and 30, Tuesday: Mother Goose on the Loose with stories songs and rhythms for young children ages birth-3 at 11:30 a.m.

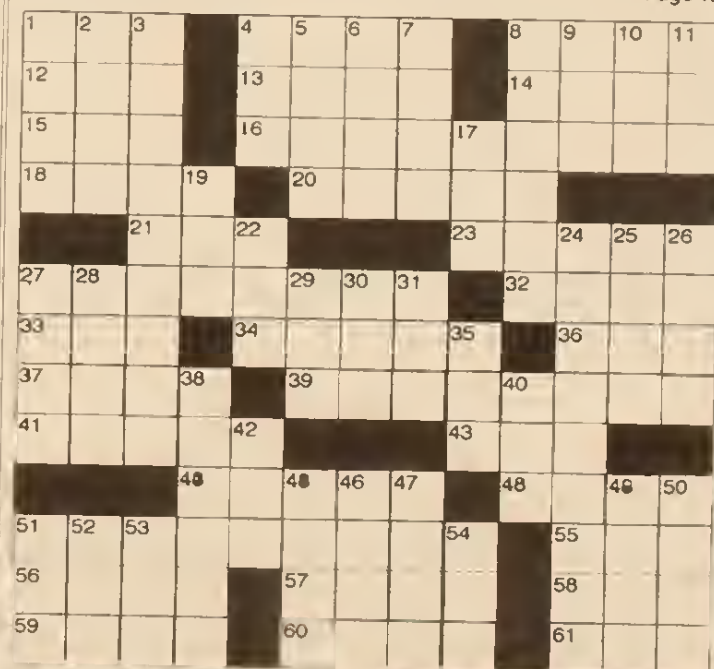
\*Oct. 2, 9, 16 23 and 30, Tuesday: Preschool Storytime for ages 3-5 at 10:30 a.m.

\*Oct. 10, Wednesday: Preschool Videos for ages 3-5 at 10:30 a.m.

\*Oct. 16, Tuesday: Insect Discovery Lab at 1 p.m. with creepy, crawly creatures to thrill you! For ages 5-12. Space limited. Call (415) 355-2848 for reservations.

## Crossword Puzzle

Solution on Page 12



ACROSS

- 1 Arabic letter
- 4 Fr. priest
- 8 Barge
- 12 Kimono sash
- 13 Mayan year
- 14 Sayings (suf.)
- 15 E. Indian timber
- 16 Calm
- 18 Lop
- 20 Fr. artist
- 21 Month abbr.
- 23 Musical instrument (string)
- 27 Bonga (2 words)
- 32 Counsel
- 33 River (Sp.)
- 34 Of vision
- 36 Shep disease
- 37 Fraction of a

rupee

- 39 Kind of gypsum
- 41 Small anvil
- 43 Licensed practical nurse (abbr.)
- 44 Book of Apocrypha
- 48 Growl
- 51 Pierides (2 words)
- 55 Amazon tributary
- 56 Polish border river
- 57 Melville's captain
- 58 Cut edge of coin
- 59 Jewish title of honor
- 60 Similar
- 61 Girl Scouts of America (abbr.)
- DOWN
- 1 Tufted plant
- 2 Dayak people
- 3 Stele

- 4 Asian gazelle
- 5 Judges' bench
- 6 Pressure (pref.)
- 7 Ivory (Lat.)
- 8 Sieve
- 9 Rom. first day of month
- 10 Unity
- 11 Gob
- 17 Pro
- 19 River into North Sea
- 22 Palestine Liberation Organ. (abbr.)
- 24 Basic
- 25 Revise
- 26 Give up
- 27 Unruly child
- 28 One (Ger.)

- 29 National Park Service (abbr.)
- 30 Shoshonean
- 31 Sesame
- 35 Celsius (abbr.)
- 38 To the rear
- 40 Negative population growth (abbr.)
- 42 Stowe character
- 45 Golden wine
- 46 Yahi tribe survivor
- 47 Tree
- 49 Galatea's beloved
- 50 Indian music
- 51 Mine roof support
- 52 Mountain on Crete
- 53 Modernist
- 54 Compass direction



## Visitacion Valley Business Directory

Valley free listings in the 415 area code  
Call the Grapevine at (415) 467-9300

**AQUARIUM**  
DRAGON CITY AQUARIUM, 144 Leland Ave., 333-4598

**AUTOMOTIVE**  
BAYSHORE AUTO, 2260 Bayshore Blvd., 467-6130  
BAYSHORE SERVICE, 2596 Bayshore Blvd., 239-5239  
BROTHER'S AUTO BODY, 2520 Bayshore Blvd.  
CHARLIE'S GARAGE, 2550 Bayshore Blvd., 239-7450  
TW AUTOMOTIVE, 2500 Bayshore Blvd., 585-8281

**BANK**  
BANK OF AMERICA, 6 Leland Ave., 622-4501

**BAKERS**  
LITTLE QUAIPO BAKE SHOP, 169 Leland Ave., 239-2253

**BARBERS**  
BARBERSHOP, 3570 San Bruno Ave., 724-4398  
DeMASI'S BARBER SHOP, 35 Leland Ave.  
THE SHOP (JB), 160A Leland Ave., 239-6709

**BEAUTICIANS**  
BODY, SOUL & SPIRIT, 222 Leland Ave., 333-7261  
FACE, BODY & SOUL, 3582 San Bruno Ave., 467-3223  
HONG KONG HAIR & NAIL BEAUTY SALON, 199 Leland Ave., 333-1005  
LUCKY HAIR, 2436 Bayshore Blvd., 586-8288  
MAY MAY BEAUTY SALON, 60 Leland Ave., 337-9381  
MIZ RENA'S SALON, 19 Blanken Ave., 467-3399  
NAILS BY JENNY, 50 Leland Ave., 333-6800  
WHO'S BAD?, 224 Leland Ave., 657-3156

**BLIND CLEANING**  
SPEEDY ULTRASONIC BLIND CLEANING (commercial and residential), 1116 Girard St., 467-7306

**BOARDING HOUSE**  
ABLE'S CASA, 850 Rutland St., 333-4664, fax 333-4693

**BOOKKEEPERS**  
AMY ARAGON, PROFESSIONAL BOOKKEEPER, 467-8927  
VERNA WALLACE E A., 2320 Bayshore Blvd., 239-5333

**CARPETS**  
HAN SAN INTERIORS, 41 Leland Ave., 333-6362

**CHURCHES**  
CHURCH OF THE VISITACION, 656 Sunnydale Ave., 239-5960  
IGLESIA EL ESPIRITU SANTO, 38 Leland Ave.  
KOREAN FIRST PRESBYTERIAN CHURCH, 333 Tunnel Ave., 468-1213  
RIDGE VIEW UNITED METHODIST CHURCH, 590 Leland Ave., 239-5457  
ST. JAMES PRESBYTERIAN CHURCH, 240 Leland Ave., 586-6381  
VALLEY BAPTIST CHURCH, 305 Raymond Ave., 467-6055  
VISITACION CHINESE BAPTIST CHURCH, 8 Desmond St., 333-4503

**COFFEE**  
CANOLESTICK COFFEE, 2155 Bayshore Blvd., 467-2442  
HAPPY DONUT, 2600 Bayshore Blvd., 469-5309  
JOE LELAND CAFE, 28 Leland Ave.

**CREDIT UNION**  
NORTHEAST COMMUNITY FEDERAL CREDIT UNION, 29 Leland Ave., 434-0738

**DAY CARE**  
CAROUSEL DAY CARE, 261 Hahn St., 469-5363

**DENTIST**  
VISITACION VALLEY DENTAL OFFICE (Albert Kuan, DDS), 37 Leland Ave., 239-5500

**DEVELOPERS**  
VISITACION VALLEY COMMUNITY DEVELOPMENT CORPORATION, 1099 Sunnydale Ave., 587-7896

**ELECTRICAL**  
TATE ELECTRIC (Joel Tate), 467-4657

**FLORISTS**  
JOANN'S FLOWERS, 21 Leland Ave.  
IL FIORE FLOWERS, 2466 San Bruno Ave. 468-0145

**GARDEN ORNAMENTS**  
SILVESTRI GARDEN ORNAMENTS, 2635 Bayshore Blvd., 239-5990

**GROCERS**  
CASALopez PRODUCE, 58 Leland Ave., 586-4745  
E-Z STOP MARKET, 2203 Geneva Ave., 585-9240  
FIVE MILE MARKET, 3574 San Bruno Ave., 467-7300  
K-C MARKET, 400 Wide St., 467-3024  
LA LOMA PRODUCE #2, 65 Leland Ave., 239-7520  
LITTLE VILLAGE MARKET, 1450 Sunnydale Ave., 586-1815  
M & M SHORTSTOP, 2145 Geneva Ave., 585-0878  
PICCOLO PETE, 2155 Bayshore Blvd. 468-6800  
7-11, 2200 Bayshore Blvd., 468-8645  
SHUN LEE MARKET, 2400 Bayshore Blvd., 586-4851  
SMITTY'S MARKET, 2610 Bayshore Blvd., 239-5506  
SUPER FAIR MARKET, 201 Leland Ave., 239-6856  
TEDDY'S MARKET, 298 Teddy Ave.

**HERBS**  
SAN ON HERBS, 33-A Leland Ave. 333-7469

**HYPNOTHERAPY**  
VALERIE HABEGGER-HYPNOTHERAPY, 371 Teddy Ave., 468-5631

**INSURANCE**  
EDIE EPS (A/E INSURANCE), 467-0206 Fax 467-0276  
ROBERT LEHMAN, CLTC (Blue Cross), 333-0850

**KITCHEN CABINETS**  
LEE CHANG INTERNATIONAL, 25 Leland Ave., 333-2730

**LAUNDRY/CLEANERS**  
BAY WASH, 44 Leland Ave.  
CITY WASH, 83 Leland Ave., 333-9467  
COIN WASH & DRY LAUNDRY, 186 Leland Ave.  
FORTY NINER CLEANERS, 51 Leland Ave., 239-6418  
LELAND AVENUE CLEANERS, 151 Leland Ave., 586-1412  
VALLEY LAUNDRY, 90 Leland Ave.  
VISITACION VALLEY LAUNDRY, 108 Leland Ave., 239-9030

**LEARNING**  
FIRST PLACE TO START, 1252 Sunnydale Ave., 333-2659  
VISITACION VALLEY COMMUNITY BEACON CENTER, 450 Raymond Ave., 452-4907  
VISITACION VALLEY FAMILY SCHOOL, 325 Leland Ave., 586-9320

**LIBRARY**  
VISITACION VALLEY BRANCH, 45 Leland Ave., 239-5270

**MANUFACTURER**  
SEE'S CANOIES, INC., 345 Schwenn St.

**MEDICAL**  
AMERICAN RED CROSS, BAY AREA CHAPTER, 1704 Sunnydale Ave., 584-3620  
HAWKINS VILLAGE MEDICAL CLINIC (Dept. of Public Health), 1099 Sunnydale Ave., Appointments 715-0310  
DR. SAM HO, MD, 2858 San Bruno Ave., 337-6135  
NEW CARNIVAL ACUPRESSURE HEALTH CENTER, 2458 Bayshore Blvd., 337-8100  
NORTH EAST MEDICAL SERVICES, LELAND AVENUE, 82 Leland Ave., 391-9686 (ask for Leland Avenue clinic)

**PORTOLA FOOT & ANKLE CLINIC** (Dr. Dwyang Patel), 2858 San Bruno Ave. 467-7500

**NOTARY**  
ROYAL PACIFIC MORTGAGE, 46 Leland Ave., 333-4900

**ORGANIZATIONS**  
ASIAN PACIFIC AMERICAN COMMUNITY CENTER, 2442 Bayshore Blvd., 587-2689  
GENEVA TERRACE PROPERTY OWNERS ASSOCIATION, 60 Burr Ave., 584-2700  
GIRLS AFTER SCHOOL ACADEMY, 2050 Sunnydale Ave., 333 Schwenn St., 584-4044  
JOHN KING SENIOR COMMUNITY, 500 Raymond Ave., 239-6233  
LELAND HOUSE, 141 Leland Ave., 405-2000  
ROCK (Real Options for City Kids), 590 Leland Ave., 333-4001  
VISITACION VALLEY SENIOR CENTER, 66 Raymond Ave., 467-4499

**PHARMACY**  
VISITACION VALLEY PHARMACY, 100 Leland Ave., 239-5811

**PHOTOGRAPHER**  
WALTER CORBIN PHOTOGRAPHY (freelance), 435 Sawyer St., 587-9471, fax 337-8620

**PLUMBING**  
MARK VOELKER PLUMBING, 99 Arleta Ave., 467-7401

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VISITACION USPO, 68 Leland Ave., (800) 275-8777

**REAL ESTATE**  
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LaFLUE-WALTON & ASSOCIATES, 2428 Bayshore Blvd., 587-8683  
CATHY KUNE SAUNDERS (Zephyr Real Estate), 215 West Portal Ave. 731-5011 ex. 163

**RESTAURANTS**  
BAYSIDE CAFE, 2011 Bayshore Blvd., 467-2023  
BLUE HAWAIIAN RESTAURANT, 107 Leland Ave., 469-9728  
G & L BAKERY & RESTAURANT, 198 Leland Ave., 239-6283  
HERRANDEZ TAQUERIA & BAKERY, 98 Leland Ave., 587-7721  
LUAN FAT BAKERY, 110 Leland Ave., 585-1167  
TWO JACKS, 167 Leland Ave., 337-0433

**SCULPTOR**  
CARTORIALS (Mikal Cartor), 2 Hahn St., 239-4138

**SELF-DEVELOPMENT**  
DYNAMIC DEVELOPMENTS (Marjorie Ann Williams, CEO, Career and Self-Enhancements Specialist) 467-7608

**SERVICE PROVIDERS**  
THE VILLAGE, 1099 Sunnydale Ave., 239-5045  
VISITACION VALLEY BAPTIST CHURCH OUTREACH CENTER, 57 Leland Ave.  
VISITACION VALLEY BILINGUAL EDUCATION, SUPPORTIVE SERVICES & TRAINING (VVBESST), 120 Leland Ave.  
VISITACION VALLEY COMMUNITY CENTER (VCC), 50 Raymond Ave., 467-6400  
VCC FAMILY & COMMUNITY SERVICES CENTER, 161 Leland Ave., 586-6998, Fax 586-8027  
VISITACION VALLEY JOBS, EDUCATION AND TRAINING (VJJET), 1099 Sunnydale Ave., 239-2866

**TAVERN**  
THE CLUB HOUSE, 25 Blanken Ave.

**TELEPHONE**  
D & W WIRELESS, 78 Leland Ave., 452-4139

**VARIETY**  
GOLDEN 99 CENTS ZONE, 5-7 Leland Ave., 333-3923

## Important Facts About Traffic Accidents

According to the National Safety Council approximately one in eight drivers will be in an auto accident this year. Ray Palermo, director of public relations for Response Insurance, offers several suggestions to help prevent injury, save time and money and minimize the stress involved in a car crash.

1. *Stay calm.* Avoid tendencies toward "road rage" and stay calm if you encounter another driver who is behaving irrationally. When these situations escalate, they can often lead to dangerous driving and crashes. There is no slight, vulgar gesture or foolish behavior that is worth endangering your life, your car and the lives of others.

2. *Protect yourself.* Be alert to traffic scams that seem like "accidents," such as when driving on a lightly traveled road, particularly at night, and being tapped from behind. Predatory criminals do this to get the driver to exit the car and then either rob the driver or steal the car.

3. *Stop!* If you are in a crash do not leave the scene until you have spoken with the other driver or the police.

4. *Take steps to prevent further accidents.* If practical, move the car and all passengers safely to the side of the road — preferably to the right shoulder and turn off the engine. If functioning, turn your emergency flashing lights on and, if available, set out reflective triangles or a flare.

5. *Call the police from the scene or ask someone to call for you.* It is usually best to have the police address any traffic infractions, assist with injuries and memorialize the occurrence for the record.

6. *Request medical assistance if needed.* If you or others are bleeding, feel light-headed or are suffering any physical injury, always err on the side of calling for assistance. Unless trained in emergency medical assistance, do not attempt to move injured persons or perform medical

procedures yourself.

7. *Do not admit fault or discuss the accident with anyone except for the police or your auto insurance company.* And, remember to call your insurance company as soon as practicable.

8. *Make a diagram of the crash, including the location of each occupant or pedestrian.* Write down pertinent information such as the other driver's name, addresses, telephone number, license plate and driver's license number and the time of the accident. Note the names, addresses and phone numbers of any witnesses, the badge number of any police officers and where to obtain a copy of a police report and any other pertinent information about the scene, such as exact location, the issuance of any tickets by the police, and any recollections about your vehicle's handling or mechanical functioning just prior to the accident.

9. Carry an emergency kit in your car that should minimally include: a road flare or traffic triangle, brightly colored cloth to tie to your radio antenna and driver side door handle, a flash light, with fully charged batteries, a first aid kit, a basic tool kit with duct tape and a pen and paper. Always have a copy of your Insurance Company ID Card in your glove compartment and have with you, your driver's license and car registration.

10. *Assist others.* If you come upon an auto accident that you are not a party to and wish to offer assistance, pull your car off the road ahead of the accident scene. Do not park in back of the crash, which will only make your vehicle vulnerable to oncoming traffic and block the view of emergency or police vehicles looking for the scene. When arriving at the scene of an accident, first determine if there are any injuries. If there are, call for medical assistance. Unless trained in emergency medical assistance, do not attempt to move injured persons or perform medical procedures yourself.

## Visitacion Valley Family and Community Services Center



*For a Better, Healthier, Safer Community for All*

### We Can Help You!

Complete Immigration documents, assist with SF County paperwork (Medi-Cal, Welfare, etc.), education workshops, referrals to other services

Fourth Series of  
Interacting with Your  
Child Through Games  
and Activities

"Halloween"  
Wednesday, October 31  
3:30 - 5 p.m.

Free dinner, books and educational games.  
Participants with children ages 0-5 encouraged.

Second Series of  
Parents' Support Group  
Thursday, October 18  
5:30 - 7 p.m.

*Their Environment  
and In-Vironment, Part 2*

Free dinner and childcare!  
Participants with children ages 0-5 encouraged.  
Facilitated by Julia Carmen, *Before The After*

### Every Wednesday

October 3, 10, 17, 24 and 31  
6 - 8 p.m.

Men's Classes  
Facilitated by  
Before The After  
**FREE Refreshments**



### Free Food Distribution

Every Monday,  
3 - 4 p.m.  
October 8, 15, 22 and 29  
Emergency food box  
available anytime.  
Call (415) 586-6998,  
Monday-Friday,  
9 a.m.-5p.m.

### October 2007 Activities

held at 161 Leland Avenue  
except where noted

#### Enhanced Information and Referral

Every Monday Through Friday  
October 1 to 31, 9 a.m. - 5 p.m.

#### Third Series Parents and Child Family Hands On Literacy

Thursday, October 20, 5:30 to 7 p.m.  
*Dinner and childcare will be provided.*

#### Male Involvement Support Group

Thursday, October 18, 5:30 to 7 p.m.

#### San Francisco Family Festival 2007

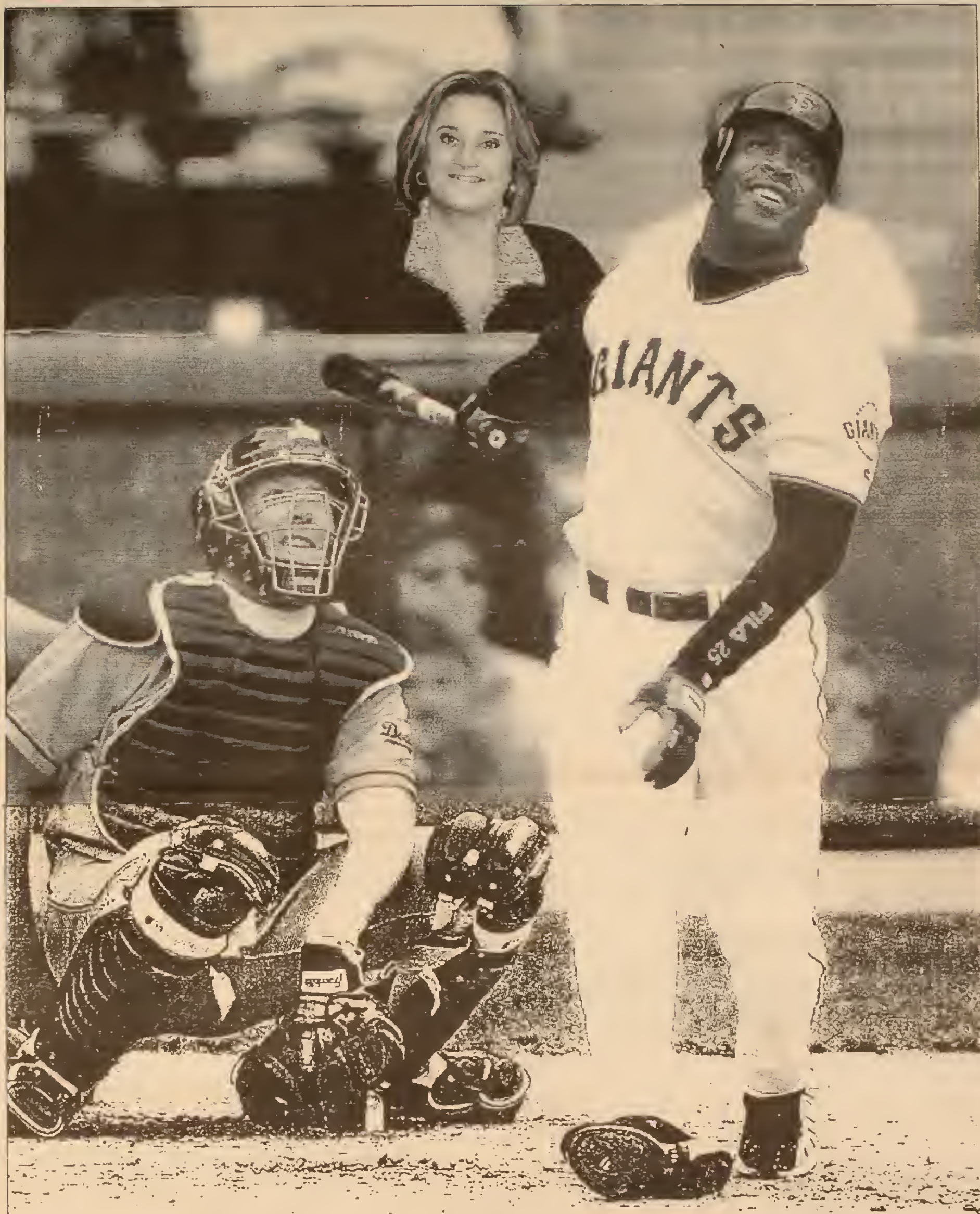
Celebrating All Families  
Saturday, October 13, 11 a.m. to 3 p.m.,  
Yerba Buena Gardens  
Between Mission and Folsom, 3rd and 4th Streets



161 Leland Avenue, San Francisco, CA 94134

Tel: (415) 586-6998 Fax: (415) 586-8027 e-mail: meriam\_vcc@sbcglobal.net





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